

Survey and Assessment of Senior Needs

2013 - 2014

El Camino Hospital

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El Camino Hospital's Health Library & Resource Center conducted a survey of five Senior Centers in Santa Clara County to explore the current unmet needs of seniors in their area. The intent was to determine the way in which the hospital could meet these needs of older adults through outreach programs and services. Results of the survey are outlined below.

Survey Questions	Mountain View	Los Altos	Sunnyvale	Los Gatos	Campbell
Top 2 Unmet Needs	Transportation In-home care	Transportation Aging in Place & Community	Transportation Affordable housing	Transportation Affordable housing	Finances Affordable housing
Other Unmet Needs		Improved Senior Center Keeping active		Eldercare services from professionals	Transportation Caregiver support In-home care
What Does ECH Provide for Seniors?	RoadRunners	RoadRunners Speakers	RoadRunners	Advance Directives RoadRunners (info)	OATS
What Else Could ECH Provide for Seniors?	Health Education More info on Elder-care	Health Education and Awareness More RoadRunners	Health Education Speakers Bureau	Health Education	Medical services Health Education and Prevention
<p>The results of the survey of Senior Centers are consistent with the data outlined in the Santa Clara Seniors' Agenda, which lists Transportation and Affordable Housing among the top needs. Their data also lists Senior Center Programs and Services, which could include the Survey items of Education and prevention classes, and Speaker's bureau. From the Survey results as well as other needs listed in the Senior Agenda, El Camino's HL&RC has determined the activities and</p>					
1. Caregiver Education	ECH meets this need through its participation in the Avenidas multi-agency Caregiver Workshop Series				
2. Library Tables	Health Library & Resource Center is to continue an existing program of providing outreach tables at Senior Centers in Mountain View, Sunnyvale and Saratoga. The tables provide information about the hospital and community services.				

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From the Survey results as well as other needs listed in the Senior Agenda, El Camino's HL&RC has determined the activities and resources that could be provided in the hospital's service area of these Senior Centers. The list continues:

3. Falls Prevention	ECH is a member of the Falls Prevention Task Force, which will work to reduce the risk of falls among older adults through advocacy, resource development and community and provider education. One of the metrics of this initiative includes working with the senior centers to provide an awareness of this issue.
4. Community Education	Focus on Senior Health is an overview topic for the community being developed by Brenda Taussig, Government & Community Affairs
5. Personal Health Record	Personal Health Records is a pilot project of the Peninsula Circle of Care at Mills Peninsula Hospital that ECH may consider implementing. This requires trained volunteers to work with seniors in their homes and assist them in producing personalized health records.
6. Advance Health Care Directives	HLRC has two trained volunteers providing this service in MV and LG. Mountain View service is well-covered while Los Gatos services can be expanded.
7. linkAges Program TimeBank	ECH is exploring partnership with PAMF and the Druker Foundation in the new linkAges technology platform program, Time Bank, to be offered in Mountain View, starting April 15, 2013.