

Los Altos Police Department
DEFENSIVE TACTICS UPDATE
 21015-7130
 Revised: December 8, 2020

Module Goal: To provide knowledge, tactics, and techniques that will assist sworn personnel in safely apprehending suspects and overcoming resistance. This will deal with proper application of use of force techniques. The student will recognize physical resistance and be able describe appropriate applications of use of force. Classes will be a mix of lecture, current laws regarding the use of force and hands on activities, designed to provide the student with current tactics and techniques. The student will be required to demonstrate appropriate application of techniques learned throughout the classes.

This Course complies with the legislative content and mandates of AB 392, SB 230, - PC835a

Module Total Time: 8 hours

Minimum Topics/Exercises:

- a) Safety Orientation and warm-ups
- b) Class Exercises/Student Evaluation/Testing
- c) Search- in exercises
- d) Control/Takedowns-in exercises
- e) Equipment/Restraint device use-in exercises
- f) Verbal Commands-in exercises
- g) Use of Force Considerations
- h) Body Physics and Dynamics
- i) Body Balance/Stance/Movement Patterns-in exercises
- j) Policies and legal issues
- k) Recovery/First Aid

Student Learning Outcome: The student will be able to provide knowledge, tactics, and techniques that will assist sworn personnel in safely apprehending suspects and overcoming resistance.

Resources Needed:	
*Duty Belt w/ baton, handcuffs, handcuff key	
*BDU uniform	
*Handouts	
*Wrestling Mats	
*Pen	
Content	Instructor Notes
I. Classroom Introduction/Safety Briefing A. Overview of Material Being Covered/Evaluation/Exercises B. Safety Rules	Overview and safety brief. III(a)(b) Review department policy, definitions and cases involving

**Los Altos Police Department
DEFENSIVE TACTICS UPDATE
21015-7130
Revised: December 8, 2020**

<ul style="list-style-type: none"> 2. Holster C. Handgun Take Away <ul style="list-style-type: none"> 1. Front 2. Rear 3. Head X. Baton <ul style="list-style-type: none"> A. Nomenclature <ul style="list-style-type: none"> 1. Tip 2. End 3. Long Portion 4. Short Portion 5. Grommet B. Stances <ul style="list-style-type: none"> 1. Defensive 2. Port Arms C. Baton Draws <ul style="list-style-type: none"> 1. Cross Draw 2. Same Side Draw D. Baton Carries <ul style="list-style-type: none"> 1. One Hand Ready 2. Two Hand Ready E. Strikes <ul style="list-style-type: none"> 1. One Handed Forward and Reverse Strike 2. Two Handed Forward and Reverse Strike 3. One Handed Snap Strike 4. Two Handed Snap Strike 5. Rack Up / Rack Down 6. Front Jab 7. Rear Jab 8. Two Handed Push F. Retention <ul style="list-style-type: none"> 1. Figure Eight 2. Circle In and Out G. Parries / Blocks <ul style="list-style-type: none"> 1. Inside Parry – High 2. Outside Parry – High 3. Inside Parry – Low 4. Outside Parry – Low H. Non-Primary Target Areas <ul style="list-style-type: none"> 1. Heart, Groin, Spine, Neck, Kidney, Head, Throat, Face, Xiphoid Process 	<p>How to disarm a subject that is pointing a firearm at an officer.</p> <p>Review the nomenclature of a baton.</p> <p>Review proper stances/draws/carries and strikes using a baton.</p> <p>Retention techniques and blocks when using a baton</p> <p>Show non-target areas when striking a subject with a baton.</p>