

Neighborhood Emergency Medical Pack

- Always ready to go, near a door
- Recommend every CERT and BAT to have at least one
- Contents
 - PPE: N95 mask, safety goggles, medical gloves
 - Dressings, bandages
 - Sling/splint materials
 - Wound cleaning
 - Disinfection
 - Tools



Neighborhood Emergency Medical Pack



- 12 tongue depressors
- 2 - N95 respirators
- 2 - 8 oz bottles saline solution
- 1 plastic-backed yellow patient blanket
- Pad of paper and pen
- 3 - 1 gal size Ziploc bags
- 1 biohazard bag, red (or use Ziploc bag above)
- 1 tube antibiotic ointment (polysporin)
- Baby wipes or wound wipes (1-2 pkgs)
- 1 - 8 oz bottle bleach or a body fluid cleanup kit
- 1 tweezers
- 2 - 60ml plastic syringe
- 4 small liquid cups (~30ml)
- 1 shears
- 2 CAT tourniquets
- 2 pouches Celox
- 10 pair ea size S, M, L disposable nitrile gloves
- 2 safety glasses
- 25 - 4x4 sterile gauze dressing
- 25 - 3x3 sterile gauze dressing
- 2 Mylar emergency blankets
- 12 - 12x9" sterile ABD combine pads
- 12 - 4" wide sterile roller gauze
- 6 triangular bandages
- 2 ace bandages
- 1 pocket resuscitator
- 1 - 36" rolled aluminum splint
- 2 multi trauma dressing 10"x30"
- 2 cold packs
- Package of band-aids, various sizes
- 1 btl hand sanitizer
- 2 rolls first aid tape