



**CITY OF LOS ALTOS  
RECREATION DEPARTMENT**

---

---

**DATE:** December 2014  
**TO:** Adult Basketball Team Managers  
**FROM:** Zack Silva, Recreation Coordinator and League Director  
[zsilva@losaltosca.gov](mailto:zsilva@losaltosca.gov), tel: 650.947.2727, fax: 650.947.2738  
**SUBJECT: BASKETBALL LEAGUE SPRING 2014**

---

The Los Altos Recreation Department is pleased to once again offer a competitive Adult Basketball League during the spring season to those in the community on Wednesday Nights for 18+ /Recreation League.

**LEAGUE DETAILS:**

- Important dates for each league are as follows:

League	Managers Meeting	League Play Begins:	Playoffs for top 4 teams:	Championship Game:
Wednesday Night 18+	Wednesday February 25	Wednesday March 4	Tentatively May 13	Tentatively May 20

- All games will be played at the Blach Intermediate School Gymnasium, 1120 Covington Road in Los Altos.
- Tip offs for both leagues will be at 7:30 PM, 8:20 PM., and 9:10 PM.
- The Los Altos Basketball League follows the 2014 High School Basketball Rules and is governed by the S.A.N.C.R.A. Code of Conduct

**REGISTRATION INFORMATION:**

- Team entry fee is **\$675.00** per team, plus a **\$18.00 fee for each non-resident** listed on your roster.
  - A resident is an individual who lives within the Los Altos city limits.
  - Payments by credit card or check are accepted. Make checks payable to the "City of Los Altos".
- Due to limited space, your completed roster and full payment must be turned in no later than **Friday, February 20 by 5 PM.**
  - Mail in or drop off your forms and payment to the Los Altos Recreation Department 97 Hillview Ave., Los Altos, CA 94022; or fax to (650) 947-2738.

**MANAGER'S MEETING:**

The Manager's Meeting will include a review of League Rules, further explanation of the S.A.N.C.R.A Code of Conduct, and answer additional questions. .

**SCORE KEEPING AND STATISTICS:**

All scores and player statistics will be listed on [www.ukourt.com](http://www.ukourt.com). Managers will provide email addresses of all team members so announcements and statistics can be emailed

---

---



**CITY OF LOS ALTOS  
RECREATION DEPARTMENT  
ADULT BASKETBALL RULES**

The Los Altos Adult Basketball League will be governed by the 2014 High School Basketball Rules. This league and all other adult sport leagues offered through the City of Los Altos are governed by the SANCRA (Sports Association of Northern California Recreation Agencies). **Any suspension or ejection from a Los Altos Adult Sport League will be honored by all SANCRA member agencies.**

SANCRA sanctions all adult sport programs offered by the following cities and/or agencies: Campbell, Capitola/Soquel, Cupertino, Gilroy, Hollister, Los Altos, LGS Recreation, Milpitas, Mountain View, North Monterey County, Pacific Grove, Palo Alto, San Jose, Santa Clara, Salinas, Santa Cruz, Saratoga, Scotts Valley, Sunnyvale, Vintage Softball of Santa Clara County and Watsonville.

Please note the following local rules:

1. Teams must have four (4) players to start a game.
2. Each team must have a minimum of five (5) players on their roster.
3. All players participating must be 18 years of age on or before March 4, 2012 (born on or before March 4, 1997). All players must submit a photocopy of their driver's license (or other identification) with the team's completed roster. A team playing with ineligible players (those players under the correct age and/or not listed on the official team roster) will forfeit the game in question. **All participants should have appropriate identification at every game. No Proof-No Play-No Exceptions.**
4. No changes can be made to a roster after the third game of the season without consent from league director.
5. Game times are 7:30 p.m., 8:20 p.m. & 9:10 p.m.
6. Game time is forfeit.
7. Games consist of two (2) - 20 minute running halves.
8. Two (2) time-outs per half, one additional (1) for overtime.
9. **Clock:** Federation (High School) Rules govern when running clock starts after a time out.
10. **Over-time period:** two (2) minutes running clock, and one (1) minute stopped clock (unless a ten point lead). One time-out per team.
11. Shoot one-on-one on the 7th team foul and shoot two on the 10th team foul of each half.
12. Technical foul is automatic 2 points.
13. A stopped clock situation will be in effect the last two minutes of the game. **Except when one team leads by 12 or more points, then the clock will run continuously.**
14. Any team receiving three (3) technical unsportsmanlike fouls in a game will automatically forfeit that game and their next game.
15. A player receiving two technical fouls will automatically be ejected from the game, and must leave the gym. Technical fouls for wearing jewelry or a non-matching shirt will not count as individual technical fouls. The official will issue a warning before the game regarding jewelry and non-matching shirts.
16. Players may not slam-dunk the ball – Penalty: Technical Foul.

17. **Matching, numbered shirts are required:** Teams will receive one technical foul when they do not wear matching, numbered shirts and the ball will be awarded to the other team. This will not be considered an individual technical foul, and will not be cause for a forfeited game. The foul will count towards the team fouls to shoot bonus. There will be a two-week grace period for matching shirts.
18. Any player ejected from a game will automatically be suspended from playing in his team's next game.
19. The overall league championship will be determined by playoffs involving the top 4 teams (based on overall season record). The format will be as follows
  - Playoffs for top 4 teams:

May 13:	7:30pm	1st Place vs. 4th Place
	8:30pm	2nd Place vs. 3rd Place

\*NOTE: The 1st Place team will have the option of having their game at 8:30 pm if they choose.
  - Winners Playoff for Championship

May 20:	7:30pm
---------	--------
20. All players participating in the playoff games must have played in at least 50% of the team's regular season games.
21. Team managers are responsible for the conduct of their players and fans prior to, during and after the game.
22. Game officials have the authority to rule on anything not specifically covered in the rules.

*Revised: 12/22/14*



**SPORTS ASSOCIATION OF NORTHERN CALIFORNIA RECREATION AGENCIES**  
**SANCRA CODE OF CONDUCT**

1. **NO PARTICIPANT OR SPECTATOR SHALL** be guilty of a physical attack, lay a hand upon, push, shove, strike or kick an official, participant, coach, agency representative, manager, or another spectator. Officials are required to immediately suspend participant from further play and report participant to League Director. The participant shall remain suspended until his/her case is considered by the League Director.  
**MINIMUM PENALTY:** Suspension from one (1) league game and placed on probation for the remainder of season.  
**MAXIMUM PENALTY:** Lifetime suspension and/or felonious assault charges filed.(CA Penal Code Sec. 243.8)
2. **NO PARTICIPANT SHALL** be guilty of leaving his or her offensive, defensive position or respective dugout areas to further incite any verbal or physical confrontation between players on the field or court.  
**MINIMUM PENALTY:** Immediate ejection with possible further sanctions dispensed by league office.  
**NOTE:** In the event said player(s) cannot be identified, the first, second, third, etc. Player(s) in the line-up are subject to being removed from the game.  
**MAXIMUM PENALTY:** Forfeiture and/or double forfeiture of game and player suspensions as determined by league office up to life and/or felonious assault charges filed.
3. **NO PARTICIPANT OR SPECTATOR SHALL** be guilty of damaging or defacing agency, school district or sanctioned facilities. Officials or agency representative are required to immediately suspend individual and report incident to League Director.  
**MINIMUM PENALTY:** Suspension from further play until financial responsibility is met by individual and/or team AND probation for remainder of the season.  
**MAXIMUM PENALTY:** Lifetime suspension.
4. **NO PARTICIPANT SHALL** be guilty of an abusive verbal attack, including "trash talking" or taunting any participant, official, agency representative, or spectator. Officials are required to immediately suspend the participant from further play. The infraction will be reported to the League Director. **This violation additionally includes "after the incident" communication or correspondence in follow up discussions.**  
**MINIMUM PENALTY:** One (1) game suspension.  
**MAXIMUM PENALTY:** Four (4) game suspension and/or one year from time of incident.
5. **NO PARTICIPANT SHALL** use deliberately rough tactics during a game against the body and person of an opposing participant. Officials are required to immediately suspend participant from further play and report incident to League Director.  
**MINIMUM PENALTY:** Removal from the game.  
**MAXIMUM PENALTY:** Suspended for one year from time of incident.
6. **NO PARTICIPANT SHALL** refuse to abide by an official's decision or be guilty of verbal or forceful demonstrations of dissent to an official's decision. The degree of infraction shall, in the official's judgment, draw:  
**MINIMUM PENALTY:** Removal from the game.  
**MAXIMUM PENALTY:** Suspended for one year from time of incident.
7. **NO PARTICIPANT SHALL** be guilty of intentionally throwing a bat or item of playing equipment. Officials are required to immediately suspend the participant from further play and report such player to the League Director.  
**MINIMUM PENALTY:** One (1) game suspension.  
**MAXIMUM PENALTY:** Suspended for one year from time of incident.
8. **NO PARTICIPANT SHALL** appear in, on or around a facility at any time under the influence or in possession of a controlled substance, or in an intoxicated condition. Officials are required to suspend participant from further play and report such player to the League Director.  
**MINIMUM PENALTY:** Suspension from two (2) league games and placed on probation for the remainder of season.  
**MAXIMUM PENALTY:** Suspended for one year from time of incident.

9. **NO TEAM OR TEAMS SHALL** engage in physical aggression upon each other, officials, agency representatives, field supervisors, or spectators. Officials shall immediately suspend play and report, in writing, the incident to the League Director. Decision by League Director shall involve:  
**MINIMUM PENALTY:** Forfeiture of game by one or both teams involved with suspension of one additional game and probation of one year from time of incident.  
**MAXIMUM PENALTY:** Dropping of one or both teams from SANCRA member leagues for life.
  
10. **NO MANAGER, PARTICIPANT, CAPTAIN, OR TEAM REPRESENTATIVE SHALL**, at any time be guilty of utilizing a non-roster or ineligible participant; or falsify the identification or age of any participant or person on an official league or tournament sports roster. Such falsification, intentional or otherwise, and with or without that participant or person's knowledge, shall be just cause for disciplinary action. The infraction will be reported to the League Director.  
**MINIMUM PENALTY:** One year probation from time of incident.  
**MAXIMUM PENALTY:** One year suspension from time of incident.
  
11. **NO MANAGER, TEAM REPRESENTATIVE OR PARTICIPANT SHALL**, at any time use illegal equipment (i.e altered, ASA banned or illegal bat; metal cleats; exposed, dangerous jewelry).  
**MINIMUM PENALTY:** Immediate ejection from the game AND one (1) game suspension.  
**MAXIMUM PENALTY:** Lifetime suspension.
  
12. **NO MANAGER, TEAM REPRESENTATIVE OR PARTICIPANT SHALL**, at any time, commit a fraudulent act (including gambling upon any play or outcome of any game) concerning any organized SANCRA event, function or sports tournament. Such act shall be cause for disciplinary action.  
**MINIMUM PENALTY:** Probation for the remainder of the season.  
**MAXIMUM PENALTY:** Suspended for one year from time of incident.
  
13. **EACH TEAM MEMBER IS RESPONSIBLE** to insure that payments made to SANCRA, ASA, or member cities (i.e. entry fees, tournament fees, facility costs, etc.), are valid and any costs incurred due to insufficient funds are the entire team's responsibility.  
**MINIMUM PENALTY:** Suspension of further play until financial responsibility is met.  
**MAXIMUM PENALTY:** Lifetime suspension.

**SPECIAL NOTES:**

1. **THE LEAGUE DIRECTORS SHALL** have the power and full discretion of imposing penalties on any and all violations of the Players Code of Conduct. In any violation not included in said Code, the penalty shall be at the discretion of the League Director.
2. Any participant removed from a game must leave the park or school facility immediately. Failure to do so will carry a maximum penalty of one year suspension.
3. Any participant having been once penalized by enforcement of the "Code of Conduct" and reported again for violating the "Code of Conduct" will be subject to additional penalties open to the determination of the SANCRA Board.
4. Managers are responsible for actions of their participants and spectators at all times during a SANCRA activity or event and will be disciplined accordingly.
5. The term participant shall include players, coaches and fans where appropriate. Managers are responsible for the actions of their fans.
6. Any individual or team who is placed on probation or suspension for violation of items aforementioned in this Code of Conduct is automatically on probation or suspension for ALL ACTIVITIES sponsored by member cities/organizations during the effected period.

**SANCRA CODE OF CONDUCT IS ENFORCED AND HONORED BY ALL S.A.N.C.R.A. AGENCIES, LEAGUES AND TOURNAMENTS. PARTICIPANTS ATTEMPTING TO PLAY IN S.A.N.C.R.A. -- SANCTIONED EVENTS AFTER BEING SUSPENDED WILL BE SUBJECT TO FURTHER DISCIPLINARY ACTIONS.**

**SANCRA MEMBER CITIES/ORGANIZATIONS INCLUDE:**

- |                     |                         |  |
|---------------------|-------------------------|--|
| - City of Campbell  | - City of Milpitas      | - City of Salinas                        |
| - Capitola/Soquel   | - City of Mountain View | - City of Santa Cruz                     |
| - City of Cupertino | - North Monterey County | - City of Saratoga                       |
| - City of Gilroy    | - City of Pacific Grove | - City of Scotts Valley                  |
| - City of Hollister | - City of Palo Alto     | - City of Sunnyvale                      |
| - City of Los Altos | - City of San Jose      | - Vintage Softball of Santa Clara County |
| - LGS Recreation    | - City of Santa Clara   | - City of Watsonville                    |



CITY OF LOS ALTOS  
RECREATION DEPARTMENT

**ATHLETIC TEAM ROSTER AND CONTRACT FORM**

---

---

**TO ALL PROSPECTIVE PLAYERS:** I hereby agree to play for \_\_\_\_\_  
in the City of Los Altos' 2010 Basketball League. This agreement must be signed by each individual person of each team and becomes the property of the above named team for the League or until written permission for release is approved by the League Director.

Players who wish to contract with a team after the Official Roster has been submitted to the League Director must do so, through the League Director, in writing prior to participating for any other team.

In consideration for being permitted to participate on the above named team for recreation benefits to myself, I hereby, for my heirs, executors, and administrators waive and release any and all claims for damages I may have against the City of Los Altos, the League, and the sponsors for any and all injuries suffered by me while participating or practicing in the above named activity.

I \_\_\_\_\_, the manager of the above named team, take full responsibility for informing all of my team players of the league rules and information contained in the manager's packet with regard to liability, playing rules, insurance, etc. The Team Players understand that they are participating in the **City of Los Altos 2012 Basketball League** at their own risk.

\_\_\_\_\_  
Signature of Team Manager

Team Player Name	Team Player Signature
1	_____
2	_____
3	_____
4	_____
5	_____
6	_____
7	_____
8	_____
9	_____
10	_____
11	_____
12	_____
13	_____
14	_____
15	_____
16	_____
17	_____
18	_____
19	_____
20	_____



CITY OF LOS ALTOS  
RECREATION DEPARTMENT

ATHLETIC TEAM INFORMATION

---

---

Please fill out the following fields for each participant that is on your roster. This information is for our records as well as your safety. For your convenience, we have provided 7 spaces, however, if you need additional fields, please copy a page to ensure all participants are included.

**TEAM MANAGER INFORMATION** *Please Print*

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Birth date: \_\_\_\_\_ Email: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

**PARTICIPANT INFORMATION** *Please Print*

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Birth date: \_\_\_\_\_ Email: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

**PARTICIPANT INFORMATION** *Please Print*

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Birth date: \_\_\_\_\_ Email: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

**PARTICIPANT INFORMATION** *Please Print*

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Birth date: \_\_\_\_\_ Email: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

**PARTICIPANT INFORMATION** *Please Print*

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Birth date: \_\_\_\_\_ Email: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

**PARTICIPANT INFORMATION** *Please Print*

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Birth date: \_\_\_\_\_ Email: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

**PARTICIPANT INFORMATION** *Please Print*

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Birth date: \_\_\_\_\_ Email: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_