



RECREATION GUIDE

2014 SUMMER CAMPS AND CLASSES



CITY OF LOS ALTOS
RECREATION DEPARTMENT
CREATING COMMUNITY THROUGH PEOPLE, PARKS, AND PROGRAMS!

SPECIAL EVENTS

Special Events At-A-Glance

SUMMER CONCERT SERIES

6:30-8pm
Thursdays

Hillview Soccer Field
June 21* (special Saturday date)
July 10, July 24, August 7

Grant Park
June 26, July 17, July 31
Info? 947-2790

SENIOR CENTER SUMMER BARBECUES

Fridays at noon
Senior Center Patio
June 27, July 25, August 22
Info? Page 46

ACTERRA'S WORK DAYS AT REDWOOD GROVE

9:30am-12:30pm
June 14, July 12, August 9
Info/registration? acterra.org

YE OLDE TOWNE BAND SUMMER CONCERT DATES

1:30-3:30pm
Shoup Park
May 25, June 29, July 27
August 31, September 28
Info? windband.org/oldtowne

Los Altos Recreation Dept
LosAltosRecreation.org
947-2790



**SUMMERTIME AT
THE UNDERGROUND
TEEN CENTER**

**TUE-SAT
2PM-5:30PM
(STARTING JUNE 17)**

**DROP-IN FACILITY
FOR TEENS 11-17 YEARS**

**LOCATED IN
SHOUP PARK
400 UNIVERSITY AVE
GET THE DETAILS ON PAGE 48**



**SENIOR
CENTER
SUMMER BBQS**

**FRIDAYS AT NOON
SENIOR CENTER PATIO
JUNE 27, JULY 25, AUGUST 22
INFO ON PAGE 46**



**DISCOUNT
ON CAMPS!**

Two ways to
save 10% on
Redwood Grove
Camp Shoup
Camp jelly bean

See page 3 for info
on this dandy deal!

CITY OF LOS ALTOS
Summer
 CONCERT SERIES



Special Saturday Performance
 JUNE 21, 6:30-8PM
PENINSULA SYMPHONY
 HILLVIEW PARK

All other performances on Thursdays
 JUNE 26 6:30-8PM
CALIFORNIA BEACH BOYS
 GRANT PARK

JULY 10, 6:30-8PM
MUSTACHE HARBOR
 HILLVIEW PARK

JULY 17, 6:30-8PM
THE SUN KINGS
 GRANT PARK

JULY 24, 6:30-8PM
LIVEWIRE
 HILLVIEW PARK

JULY 31, 6:30-8PM
THE SHANKS
 GRANT PARK

AUGUST 7, 6:30-8PM
THE CHEESEBALLS
 HILLVIEW PARK



**THANK YOU
 TO OUR
 SPONSORS!**

PLATINUM LEVEL



GOLD LEVEL



SILVER LEVEL



WELCOME



Los Altos Recreation Department

97 Hillview Avenue
 Los Altos, California 94022
 Tel: 947-2790 Fax: 947-2738
 losaltosrecreation.org
 Office hours: Monday-Friday, 8am-5pm

Recreation Commissions

Parks & Recreation

Lynette Lee Eng
Chair
 Jamie Lucia
Vice Chair
 Larry Baron
 David Beggs
 William James
 Pradeep Parmar
 Jack Tooley

Senior

Anabel Pelham
Chair
 Kathy Seddiqui
Vice Chair
 Paul Gonella
 Ashish Mathur
 Ginger Summit

Library

Darwin Poulos
Chair
 David Struthers
Vice Chair
 Kishen Bhagavan
 Enid Davis
 Cindy Hill
 Cathie Perga
 Judie Suelzle

Youth

Cole Brinsfield
 Ryan Chandra
 Wyatt Eng
 Annie Iverson
 Jake Klepper
 Rohith Kuditipudi
 Devika Kumar

Commissions serve as advisory bodies to the Los Altos City Council. Find more information about these commissions at losaltosca.gov/cc

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ABOUT THE COVER...

Calling all summer campers! Join us for that fun, laughter and life-is-good feeling of summer camp! What interests does your child have? Chances are, we have a camp for that!

Look to your right...it all starts on page 3!

Unless otherwise stated, all telephone numbers herein are area code (650).
 Cover photo: maltphoto@comcast.net

FAMILY CAMP + CAMP jelly bean

FAMILY OVERNIGHT CAMP

Family Overnight Camp at Redwood Grove will be a great experience for the whole clan! Parents and kids can enjoy camping together under the redwoods and stars! During this overnight camp, family fun awaits you with dinner, marshmallow roasting (of course!), a night hike and story telling. Breakfast provided on Saturday morning. Don't miss this local family camping experience for you and your kids!

Note: Wondering what to bring? An overnight packing list will be emailed to families prior to camp. Please contact the recreation department at 947-2790 should you have any questions.

Redwood Grove Nature Preserve LA Recreation Staff

151407-01 3.5-99yrs
F-Sa 7/18-7/19 4pm-9:30am
Residents \$62* All Others \$80*

*Price per family.

Please see requirements and notes listed on next page.



CAMP JELLY BEAN

Whoville Happenings

Oh! The places you'll go, the people you'll see! Whoville is THE happening place dreamed up by Dr. Seuss! We'll visit Whoville plus try Green Eggs and Ham, meet the Cat in the Hat, Horton, the Lorax and many more Seuss characters that are sure to bring a smile and a chuckle to your child's day. There's fun to be done in this week-long camp full of surprises!

San Antonio Club LA Recreation Staff

161302-01 3-5yrs
M-F 7/7-7/11 9am-12pm
Residents \$179 All Others \$197
Please see requirements and notes listed on next page.

Pirates and Princesses

Camp jelly bean welcomes all pirates and princesses/princes-in-training to join us for a week of wands and swords, ships and castles, as we create, play, sing and read together in a swashbuckling royal environment!

San Antonio Club LA Recreation Staff

161302-02 3-5yrs
M-F 7/14-7/18 9am-12pm
Residents \$179 All Others \$197
Please see requirements and notes listed on next page.

COMBO CAMPS + CAMP SHOUP

NEW!

By Popular Demand...Combo Camps! LOOKING FOR AN ALL-DAY CAMP? COMBO OURS UP AND YOU ARE SET!

Combine our Camp Shoup, a morning camp, with one of our eligible afternoon Redwood Grove camps and, presto, you have an all day camp! Here's how it works: After lunch and a final game, your Camp Shoup camper will be safely escorted by one of our Camp Shoup recreation leaders over the short path to Redwood Grove. There, your camper will personally be delivered to their Redwood Grove camp leader, nicely in time for all the afternoon activities. Simple.

There is no charge for this service and, in fact, we've taken a bit off the fee to thank you for spending the whole day with us.

Descriptions of Camp Shoup and all our Redwood Grove camps follow over the next few pages. Take a look and see what your camper might enjoy. If you are looking for half-day camps, just use the class codes listed under your desired camp; if you want to register for our combo camps, use the class code listed below.

Notes: 1. Combo camp hours are Monday through Friday from 9am-4pm. 2. Combo camps available for the following combinations only. 3. Please see requirements and additional notes listed below.

Week of 6/23-6/27

Class Code	Camp Combos	FEE	
		Residents	All Others
111306-01	Camp Shoup + Adventurers Afternoon Camp	\$261	\$279
111306-02	Camp Shoup + Naturalists Day Camp	\$272	\$290
111306-03	Camp Shoup + Survivors Day Camp	\$272	\$290

Week of 7/7-7/11

Class Code	Camp Combos	FEE	
		Residents	All Others
111306-04	Camp Shoup + Adventurers Afternoon Camp	\$261	\$279
111306-05	Camp Shoup + Naturalists Day Camp	\$272	\$290
111306-06	Camp Shoup + Survivors Day Camp	\$272	\$290

Week of 7/14-7/18

Class Code	Camp Combos	FEE	
		Residents	All Others
111306-07	Camp Shoup + Adventurers Afternoon Camp	\$261	\$279
111306-08	Camp Shoup + Naturalists Day Camp	\$272	\$290
111306-09	Camp Shoup + Survivors Day Camp	\$272	\$290

Week of 7/21-7/25

Class Code	Camp Combos	FEE	
		Residents	All Others
111306-10	Camp Shoup + Adventurers Afternoon Camp	\$261	\$279
111306-11	Camp Shoup + Naturalists Day Camp	\$272	\$290
111306-12	Camp Shoup + Survivors Day Camp	\$272	\$290

Week of 7/28-8/1

Class Code	Camp Combos	FEE	
		Residents	All Others
111306-13	Camp Shoup + Adventurers Afternoon Camp	\$261	\$279
111306-14	Camp Shoup + Naturalists Day Camp	\$272	\$290
111306-15	Camp Shoup + Survivors Day Camp	\$272	\$290

Week of 8/4-8/8

Class Code	Camp Combos	FEE	
		Residents	All Others
111306-16	Camp Shoup + Adventurers Afternoon Camp	\$261	\$279
111306-17	Camp Shoup + Naturalists Day Camp	\$272	\$290
111306-18	Camp Shoup + Survivors Day Camp	\$272	\$290

CAMP SHOUP

Camp Shoup is the fun-filled week of camp we remember from our youth: where we learned to play well together, made friends, whiled away the hours just enjoying summer and had fun the old fashioned way--through PLAY! Participants will partake in games and activities much loved by kids: Steal the Bacon, Sharks and Minnows, and Capture the Flag. We've added some new ones, too, like Slip n' Slide and Water Categories. We'll even sing songs and join in craft projects that are sure to be a hit! Themed days plus a lot more round out this enjoyable and rambunctious traditional day camp. Come join in the fun!

Shoup Park

LA Recreation Staff

111301-01		6-12yrs
M-F	6/23-6/27	9am-1pm
111301-02		6-12yrs
M-F	7/7-7/11	9am-1pm
111301-03		6-12yrs
M-F	7/14-7/18	9am-1pm
111301-04		6-12yrs
M-F	7/21-7/25	9am-1pm
111301-05		6-12yrs
M-F	7/28-8/1	9am-1pm
111301-06		6-12yrs
M-F	8/4-8/8	9am-1pm
Residents \$129		All Others \$147

For ALL Camp jelly bean, Camp Shoup, Redwood Grove and Combo Camp campers:

Required: All participants should wear their camp T-shirt (handed out on Monday), play clothes and closed-toe shoes every day. Please send your camper with a water bottle and a "no-trash" snack using reusable containers every day. Sunscreen recommended daily. Calendars detailing each week's activities will be given out the start of each week.

Note: Parents must fill out a City of Los Altos medical release form prior to the beginning of camp. Please go to losaltosrecreation.org to download a form. Email completed form to info@losaltosrecreation.org or fax to 947-2738.

REDWOOD GROVE Camp

REDWOOD GROVE CAMP

Please see requirements and notes listed on previous page.

Preschool Explorers: 3.5-4yrs

Let's play outside! Discover nature through all five senses and find the wonders in our own backyard. Engaging their curiosity, campers will explore the redwoods through multi-sensory experiences of games, arts and crafts, songs, and storytelling. Leader-to-camper ration is 1:6.

Required: Campers must be potty trained in order to attend this camp.

Bonus: Every Friday, parents are invited to a sing-a-long with their campers at 11:45am.

Redwood Grove Nature Preserve LA Recreation Staff

161401-01		3.5-4yrs
M-F	6/16-6/20	9am-12pm
161401-02		3.5-4yrs
M-F	6/23-6/27	9am-12pm
161401-04		3.5-4yrs
M-F	7/7-7/11	9am-12pm
161401-05		3.5-4yrs
M-F	7/14-7/18	9am-12pm
161401-06		3.5-4yrs
M-F	7/21-7/25	9am-12pm
161401-07		3.5-4yrs
M-F	7/28-8/1	9am-12pm
161401-08		3.5-4yrs
M-F	8/4-8/8	9am-12pm
161401-09		3.5-4yrs
M-F	8/11-8/15	9am-12pm
<i>Residents \$173</i>		<i>All Others \$191</i>

Redwood Grove Nature Preserve LA Recreation Staff

161401-03	holiday week camp	3.5-4yrs
M-Th	6/30-7/3	9am-12pm
<i>No camp 7/4</i>		
<i>Residents \$140</i>		<i>All Others \$158</i>



Adventurers AM & PM: 5-6yrs

What's happening under that rock? Let's find out together! Campers will develop observation skills using their five senses while discovering the great outdoors! Each week will bring new themes to teach nature concepts. The program is designed to foster the love of the outdoors through gardening, hiking, animal presentations, crafts, and hands-on activities. Leader-to-camper ratio is 1:6.

ADVENTURERS MORNING CAMP

Bonus: Every Friday, parents are invited to a sing-a-long with their campers at 11:45am.

Redwood Grove Nature Preserve LA Recreation Staff

111402-01		5-6yrs
M-F	6/16-6/20	9am-12pm
111402-02		5-6yrs
M-F	6/23-6/27	9am-12pm
111402-04		5-6yrs
M-F	7/7-7/11	9am-12pm
111402-05		5-6yrs
M-F	7/14-7/18	9am-12pm
111402-06		5-6yrs
M-F	7/21-7/25	9am-12pm
111402-07		5-6yrs
M-F	7/28-8/1	9am-12pm
111402-08		5-6yrs
M-F	8/4-8/8	9am-12pm
111402-09		5-6yrs
M-F	8/11-8/15	9am-12pm
<i>Residents \$173</i>		<i>All Others \$191</i>

Redwood Grove Nature Preserve LA Recreation Staff

111402-03	holiday week camp	5-6yrs
M-Th	6/30-7/3	9am-12pm
<i>No camp 7/4</i>		
<i>Residents \$140</i>		<i>All Others \$158</i>

ADVENTURERS AFTERNOON CAMP

Bonus: On Fridays, parents are invited to a sing-a-long with their campers at 3:45pm.

Redwood Grove Nature Preserve LA Recreation Staff

111405-01		5-6yrs
M-F	6/16-6/20	1-4pm
111405-02		5-6yrs
M-F	6/23-6/27	1-4pm
111405-04		5-6yrs
M-F	7/7-7/11	1-4pm
111405-05		5-6yrs
M-F	7/14-7/18	1-4pm
111405-06		5-6yrs
M-F	7/21-7/25	1-4pm
111405-07		5-6yrs
M-F	7/28-8/1	1-4pm
111405-08		5-6yrs
M-F	8/4-8/8	1-4pm
<i>Residents \$173</i>		<i>All Others \$191</i>

Redwood Grove Nature Preserve LA Recreation Staff

111405-03	holiday week camp	5-6yrs
M-Th	6/30-7/3	1-4pm
<i>No camp 7/4</i>		
<i>Residents \$140</i>		<i>All Others \$158</i>



Naturalists Day Camp: 7-8yrs

Unplug and explore Redwood Grove through hands-on activities, experiments, and discover what it has in store for you! Campers will develop a love of the outdoors, awareness of sustainability, live animal presentations and lessons in archery. Explore concepts such as ecology conservation and biology as they take on new meaning when sitting under 100-foot redwood trees! Leader-to-camper ratio is 1:8.

Redwood Grove Nature Preserve LA Recreation Staff

111403-01		7-8yrs
M-F	6/16-6/20	1-4pm
111403-02		7-8yrs
M-F	6/23-6/27	1-4pm
111403-04		7-8yrs
M-F	7/7-7/11	1-4pm
111403-05		7-8yrs
M-F	7/14-7/18	1-4pm
111403-06		7-8yrs
M-F	7/21-7/25	1-4pm
111403-07		7-8yrs
M-F	7/28-8/1	1-4pm
111403-08		7-8yrs
M-F	8/4-8/8	1-4pm
Residents \$185		All Others \$203

Redwood Grove Nature Preserve LA Recreation Staff

111403-03	holiday week camp	7-8yrs
M-Th	6/30-7/3	1-4pm
No camp 7/4		
Residents \$150		All Others \$168

Naturalists Day Camp & Overnight Experience: 7-8yrs

These campers will enjoy all the excitement of regular camp plus sleep under the stars! Explore Redwood Grove through hands on activities, science experiments, arts and crafts, and creative dramatics, while developing outdoor discovery skills and enjoying live animal presentations each week! Camp leaders will provide dinner on Thursday night and breakfast on Friday morning. Naturalists will attend camp Monday through Wednesday from 1-4pm, with Thursday's camp running from 1pm Thursday through 8am on Friday.

Note: Wondering what to bring? An overnight packing list will be emailed to families prior to camp. Please contact the recreation department at 947-2790 should you have any questions.

Redwood Grove Nature Preserve LA Recreation Staff

111403-12		7-8yrs
M-F	6/23-6/27	1-4pm*
111403-09		7-8yrs
M-F	8/11-8/15	1-4pm*
Residents \$215		All Others \$233
*Camp ends Friday at 8am.		

Naturalists Overnight Only Experience: 7-8yrs

These campers will enjoy all the excitement of one afternoon at Redwood Grove followed by sleeping under the stars! Campers will engage in camp activities including hiking, ecology and conservation. Camp leaders will provide dinner on Thursday night and breakfast on Friday morning. The Naturalists Overnight Only Experience campers will attend camp on Thursday from 1pm Thursday through 8am on Friday.

Note: Wondering what to bring? An overnight packing list will be emailed to families prior to camp. Please contact the recreation department at 947-2790 should you have any questions.

Redwood Grove Nature Preserve LA Recreation Staff

111403-10		7-8yrs
Th-F	6/26-6/27	1pm-8am
111403-11		7-8yrs
Th-F	8/14-8/15	1pm-8am
Residents \$56		All Others \$74

Survivors Day Camp: 9-11yrs

Reconnect with the outdoors this summer at Redwood Grove. Campers will challenge their understanding of ecology and science through activities under the big trees. All campers will have a chance to learn archery techniques, foster a love and understanding for our environment through wild animal presentations, and learn strategies to conserve our planet for future generations. Activities include arts and crafts, team building, and games. Leader-to-camper ration is 1:8.

Redwood Grove Nature Preserve LA Recreation Staff

111404-01		9-11yrs
M-F	6/16-6/20	1-4pm
111404-04		9-11yrs
M-F	7/7-7/11	1-4pm
111404-05		9-11yrs
M-F	7/14-7/18	1-4pm
111404-06		9-11yrs
M-F	7/21-7/25	1-4pm
111404-07		9-11yrs
M-F	7/28-8/1	1-4pm
111404-08		9-11yrs
M-F	8/4-8/8	1-4pm
Residents \$185		All Others \$203

Redwood Grove Nature Preserve LA Recreation Staff

111404-03	holiday week camp	9-11yrs
M-Th	6/30-7/3	1-4pm
No camp 7/4		
Residents \$150		All Others \$168

Survivors Day Camp & Overnight Experience: 9-11yrs

These campers will enjoy all the excitement of Redwood Grove plus sleep under the stars! Challenge yourself this summer through team-building challenges, trust activities and outdoor adventures. Live animal presentation will introduce themes of conservation and caretaking. Camp leaders will provide dinner on Thursday night and breakfast on Friday morning. Survivors will attend camp Monday through Wednesday from 1-4pm, with Thursday's camp running from 1pm on Thursday through 8am on Friday.

Note: Wondering what to bring? An overnight packing list will be emailed to families prior to camp. Please contact the recreation department at 947-2790 should you have any questions.

Redwood Grove Nature Preserve LA Recreation Staff

111404-02		9-11yrs
M-F	6/23-6/27	1-4pm*
111404-09		9-11yrs
M-F	8/11-8/15	1-4pm*
Residents \$215		All Others \$233
*Camp ends Friday at 8am.		

Survivors Overnight Only Experience: 9-11yrs

These campers will enjoy all the excitement of an afternoon at Redwood Grove plus sleep under the stars that night! Campers will engage in camp activities including hiking, ecology and conservation. Camp leaders will provide dinner on Thursday night and breakfast on Friday morning. The Survivors Overnight Only Experience campers will attend camp on Thursday from 1pm Thursday through 8am on Friday.

Note: Wondering what to bring? An overnight packing list will be emailed to families prior to camp. Please contact the recreation department at 947-2790 should you have any questions.

Redwood Grove Nature Preserve LA Recreation Staff

111404-10		9-11yrs
Th-F	6/26-6/27	1pm-8am
111404-11		9-11yrs
Th-F	8/14-8/15	1pm-8am
Residents \$56		All Others \$74



Trekkers Overnight Only: 12-15yrs

Enjoy an overnight at Redwood Grove with your friends! Teens learn leadership skills while working together under giant redwood trees in a one-day overnight camp. Participants will have fun doing archery, teambuilding activities and, of course, engaging with friends while roasting marshmallows under the night sky. Camp will begin at 3pm on Friday afternoon and will conclude at 9am on Saturday morning. All participants must sign behavior expectation sheets before attending camp.

Note: Wondering what to bring? An overnight packing list will be emailed to families prior to camp. Please contact the recreation department at 947-2790 should you have any questions.

Redwood Grove Nature Preserve LA Recreation Staff

121407-01		12-15yrs
Th-F	7/3-7/4	3pm-8:30am
121407-02		12-15yrs
F-Sa	8/8-8/9	3pm-8:30am
Residents	\$62	All Others \$80

Counselors-in-Training: 12-15yrs

Teens learn leadership skills, how to work with young children, the natural history of the redwoods, and California habitats in a one-day workshop. Then they will gain work experience first-hand as Counselors to our Explorers and Adventurers campers. No experience with children is needed. Each one-week session includes an introduction to training in leading camp activities, participant safety, and basic interview techniques. All participants are highly encouraged to attend the one-day training workshop on Friday, June 13 from 9:30am to 12pm at Redwood Grove. (No make-up day is available.)

Redwood Grove Nature Preserve LA Recreation Staff

121405-01		12-15yrs
M-F	6/16-6/20	9am-12pm
121405-02		12-15yrs
M-F	6/23-6/27	9am-12pm
121405-04		12-15yrs
M-F	7/7-7/11	9am-12pm
121405-05		12-15yrs
M-F	7/14-7/18	9am-12pm
121405-06		12-15yrs
M-F	7/21-7/25	9am-12pm
121405-07		12-15yrs
M-F	7/28-8/1	9am-12pm
121405-08		12-15yrs
M-F	8/4-8/8	9am-12pm
121405-09		12-15yrs
M-F	8/11-8/15	9am-12pm
Residents	\$100	All Others \$118

Redwood Grove Nature Preserve LA Recreation Staff

121405-03	holiday week camp	12-15yrs
M-Th	6/30-7/3	9am-12pm
Residents	\$82	All Others \$100

Counselors-in-Training Advanced: 14-16yrs

Expanding on the Counselors-In-Training program, this advanced camp will fine tune their leadership skills working with young children while focusing on areas of program planning, safety, song and game leadership, concept creation, and behavior management. They will gain work experience first-hand as Assistant Counselors to our Adventurers Afternoon, Naturalists, and Survivors campers.

Prerequisite: Participants MUST have previous experience working with children either in personal experiences or as a Counselor-In-Training. Each two-week session includes an in-depth training in leading camp activities, participant safety, and interview techniques. Participants will have an opportunity to also participate in the overnight with our Naturalists and Survivors camps on 6/26 and 8/14. All participants must be picked up by 8:15am on 6/27 and 8/15. We recommend that all participants attend the one-day training workshop on Friday, June 13 from 9:30am to 12pm at Redwood Grove. (No make-up day is available.)

Redwood Grove Nature Preserve LA Recreation Staff

121406-01		14-16yrs
M-F	6/16-6/27	12:30-4:15pm
121406-03		14-16yrs
M-F	7/14-7/25	12:30-4:15pm
121406-04		14-16yrs
M-F	8/4-8/15	12:30-4:15pm
Residents	\$180	All Others \$198

Redwood Grove Nature Preserve LA Recreation Staff

121406-02	holiday week camp	14-16yrs
M-F	6/30-7/11	12:30-4:15pm
No class	7/4	
Residents	\$162	All Others \$180



SUMMER CAMPS cont'd

ACADEMIC FUN

PLAY-WELL TEKNOLOGIES

Required for all PLAY-WELL camps: Please bring a daily snack.

Pre-Engineering with Lego®

Let your imagination run wild with over 100,000 pieces of LEGO®! Build engineer designed projects such as boats, bridges, mazes, and motorized cars; use special pieces to create your own unique designs!

Hillview MPR		Play-Well Staff
111208-01		5-7yrs
M-F	7/21-7/25	9am-12pm
111208-02		5-8yrs
M-F	8/4-8/8	9am-12pm
Residents \$199		All Others \$217

Engineering FUNDamentals with Lego®

Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as arch bridges, skyscrapers, motorized cars, and the Battletrack! Design and build as never before, and explore your craziest ideas in a supportive environment.

Hillview MPR		Play-Well Staff
111209-01		8-12yrs
M-F	7/21-7/25	1-4pm
Residents \$199		All Others \$217

NEW! Chima Engineering with Lego®

Choose a tribe and grab the CHI in Chima Engineering! Race your Spedorz to earn the Golden Orb, build the CHI Temple with a moving waterfall, and swoop your way to victory with Razcal's Glider. Imagine and build unique Chima-inspired Lego®.

Hillview MPR		Play-Well Staff
111297-01		5-7yrs
M-F	7/7-7/11	9am-12pm
Residents \$199		All Others \$217



NEW! Chima Masters Engineering with Lego®

Choose a tribe and Master the CHI by becoming a Chima Master Engineer! Motorize the detachable Helicroctor, transform Eglor's Twin Bike into an aircraft, and trap Leonidas in the Croc Swamp Hideout. Engineer, innovate, and test your creations on the quest to earn CHI.

Hillview MPR		Play-Well Staff
111298-01		8-12yrs
M-F	7/7-7/11	1-4pm
Residents \$199		All Others \$217

NEW! Ninjaneering Apprentice with Lego®

Enter the world of Ninjago and become an apprentice Ninjaneer! Learn the way of Spinjitzu, build the Fire Temple, race Skull Trucks, and encounter the mighty Dragon! Imagine and build unique and fun projects while exploring the fantasy world of Ninjago.

Hillview MPR		Play-Well Staff
111286-01		5-7yrs
M-F	6/16-6/20	9am-12pm
Residents \$199		All Others \$217

NEW! Ninjaneering Masters with Lego®

Master the world of Ninjago by becoming a Ninjaneer! Tame the Ice Dragon, motorize your Blade Cycle, design the Dark Fortress, and hone your Spinjitzu battle skills! Learn real world concepts in physics, engineering, and architecture while exploring the fantasy world of Ninjago.

Hillview MPR		Play-Well Staff
111287-01		8-12yrs
M-F	6/16-6/20	9am-12pm
Residents \$199		All Others \$217

Lego® Robotics

Learn about building and programming robots using the LEGO® Mindstorms system and over 100,000 pieces of LEGO®! Pair up with another camper and explore the many uses of touch, light, sound, and ultrasonic sensors with a robotic project of your own unique design.

Hillview MPR		Play-Well Staff
111288-01		9-14yrs
M-F	8/4-8/8	1-4pm
Residents \$207		All Others \$225



Wacky Robots/Widgets

Whether your child loves to build things or destroy them, this camp includes lots of both! The junior Mad Science engineers will design and build structures, discover how different machines--simple and complex--are used in our daily lives, plus build a robot to keep.

FULL DAY

Grant Park Rm 1	Mad Science Staff
111255-01	7-12yrs
M-F	8/4-8/8 9am-3pm
Residents \$319	All Others \$337

HALF DAY

Grant Park Rm 1	Mad Science Staff
111255-02	7-12yrs
M-F	8/4-8/8 9am-12pm
Residents \$239	All Others \$257

Spy Academy

Look out 007-the Mad Science Spy Academy is here! Step into the shoes of a detective! From decoding messages to metal detectors and night vision, campers will check out spy equipment and uncover the science involved in evidence gathering.

FULL DAY

Grant Park Rm 1	Mad Science Staff
111203-01	5-12yrs
M-F	8/11-8/15 9am-3pm
Residents \$319	All Others \$337

HALF DAY

Grant Park Rm 1	Mad Science Staff
111203-02	5-12yrs
M-F	8/11-8/15 9am-12pm
Residents \$239	All Others \$257

Nature's Anatomy Academy

Learn about insects, birds, beasts, and you from the inside out in this action-packed week of Mad Science. Whip up your very own Mad Mucus and have some creepy crawly fun building a bug house to keep.

FULL DAY

Grant Park Rm 1	Mad Science Staff
111257-01	5-12yrs
M-F	6/23-6/27 9am-3pm
Residents \$319	All Others \$337

HALF DAY

Grant Park Rm 1	Mad Science Staff
111257-02	5-12yrs
M-F	6/23-6/27 9am-12pm
Residents \$239	All Others \$257

MAD SCIENCE

Required for ALL Mad Science camps: Half day campers please bring a snack; full-day campers, bring a lunch!

Little Green Thumbs

Blossoming minds will love this week of Mad Science! Come learn all about the amazing things that happen in the garden and what plants need to grow. Please note that most or all activities are conducted indoors for the safety of the children.

Grant Park Rm 1	Mad Science Staff
111262-01	4-6yrs
M-F	7/7-7/11 9am-12pm
Residents \$239	All Others \$257

NASA:

Journey into Outer Space

See the principles of thrust and propulsion at work in a rocket launch, watch star dust burn, and journey through a galaxy as you investigate the life cycle of stars. Explore our solar system and create a lunar eclipse in this "mad" camp.

Grant Park Rm 1	Mad Science Staff
111258-01	5-12yrs
M-F	7/7-7/11 1-4pm
Residents \$239	All Others \$257

"Fizz"ical Phenomena & Che-Mystery

Take a walk on the wild side in this crazy camp! Have a ton of fun as we whip up potions and experiment with all kinds of chemical reactions, including growing our own crystals, making sidewalk chalk and learning the science of chromatography.

FULL DAY

Grant Park Rm 1	Mad Science Staff
111256-01	5-12yrs
M-F	6/16-6/20 9am-3pm
111256-03	5-12yrs
M-F	7/28-8/1 9am-3pm
Residents \$319	All Others \$337

HALF DAY

Grant Park Rm 1	Mad Science Staff
111256-02	5-12yrs
M-F	6/16-6/20 9am-12pm
111256-04	5-12yrs
M-F	7/28-8/1 9am-12pm
Residents \$239	All Others \$257

Reactions in Action

Discover how things move with science. Experiment with inertia and gravity as you learn what football players, ballet dancers and scientists have in common. Spend some time in the lab learning the tools and techniques that real chemists use.

FULL DAY

Grant Park Rm 1	Mad Science Staff
111259-01	holiday week camp 5-12yrs
M-Th	6/30-7/3 9am-3pm
<u>No class 7/4</u>	
Residents \$259	All Others \$277

HALF DAY

Grant Park Rm 1	Mad Science Staff
111259-02	holiday week camp 5-12yrs
M-Th	6/30-7/3 9am-12pm
<u>No class 7/4</u>	
Residents \$194	All Others \$212

Jet Cadets

It's a bird! It's a plane! No, it's....everything from the earliest flying machines to the first rocket flights. Learn all about aerodynamics and the world above us while we explore the basic principles of flight, build airplanes, ride a hovercraft, and construct balloon copters.

FULL DAY

Grant Park Rm 1	Mad Science Staff
111254-01	5-12yrs
M-F	7/14-7/18 9am-3pm
Residents \$319	All Others \$337

HALF DAY

Grant Park Rm 1	Mad Science Staff
111254-02	5-12yrs
M-F	7/14-7/18 9am-12pm
Residents \$239	All Others \$257

Inventionation

You'll be using basic materials, simple machines, tips from world-famous inventors, and the most important thing of all - your mind. Construct catapults and forts, fabricate an Egg Drop design, build a dancing robot, and assemble a working light saber to take home.

FULL DAY

Grant Park Rm 1	Mad Science Staff
111260-01	8-12yrs
M-F	7/21-7/25 9am-3pm
Residents \$319	All Others \$337

HALF DAY

Grant Park Rm 1	Mad Science Staff
111260-02	8-12yrs
M-F	7/21-7/25 9am-12pm
Residents \$239	All Others \$257





ARTS & CRAFTS

ALBERT LOVES FRIDA

The Art & Science of Leonardo da Vinci

Explore the inventions of Leonardo, history's greatest artist/scientist. Many of his renderings/inventions such as the helicopter, parachute and military tank were realized centuries after he created the concepts. Can we create models from his drawings? How did his scientific analysis influence his paintings and sculpture?

Required: Students should bring a nutritious lunch to camp every day.

Hillview Rm 14 Albert Loves Frida Staff
 110519-01 8-12yrs
 M-F 7/7-7/11 9:15am-2:30pm
 Residents \$362* All Others \$380*
 *Materials fee of \$30 due first day.

What Are You Made Of?

This class integrates art elements, nutrition and art history in hands-on, interactive exploration. Why do foods naturally contain certain colors and how are these colors in art both historically and today? Create various art forms using food. Eat your art!

Note: Natural, nutritious fruits and vegetables will be used in this class. If your child has specific food allergies please notify us at the time of registration.

Hillview Rm 14 Albert Loves Frida Staff
 110519-02 8-12yrs
 M-F 6/23-6/27 9:15am-2:30pm
 Residents \$362* All Others \$380*
 *Materials fee of \$30 due first day.

BLENDING ART WITH MATH: Discovering Patterns in Nature

Fibonacci numbers in nature is some of the visually most beautiful math you can discover. We'll explore flowers, pine cones, sand dollars, the chambered nautilus and other shells and galaxies for their fascination with math. We'll use a great variety of arts and math materials to share the magic of math!

Peter Koehler has a Ph.D. in theoretical physics and has taught creative math enrichment and art for over 20 years in schools and community centers. Most of those school years have been spent at the Nueva School in Hillsborough where he brings out the mathematical creativity in his students.

Required: 1. Bring an apron or smock...we get grubby! 2. Please bring a light peanut free snack and something to drink each day.

Hillview Rm 14 Koehler
 111239-01 5-10yrs
 M-F 6/16-6/20 9am-12pm
 Residents \$162* All Others \$180*
 *Materials fee of \$25 due first day.

FREESTYLE ART WITH PAMELA

freestyleartcamp.blogspot.com

A fun and unique art day camp run by an experienced art and science teacher. Featured artists every week and fun projects every day, with lots of time for kids to play outside and do what they like.

Required: Bring a lunch, water bottle and snack each day.

Grant Park Rm 2		Langford
111291-01		9-14yrs
M-F	6/16-6/20	8:45am-3pm
111291-02		9-14yrs
M-F	6/23-6/27	8:45am-3pm
111291-03		9-14yrs
M-F	7/7-7/11	8:45am-3pm
111291-04		9-14yrs
M-F	7/14-7/18	8:45am-3pm
111291-05		9-14yrs
M-F	7/21-7/25	8:45am-3pm
111291-06		9-14yrs
M-F	7/28-8/1	8:45am-3pm
111291-07		9-14yrs
M-F	8/4-8/8	8:45am-3pm
Residents \$299*		All Others \$317*
<i>*Materials fee of \$40 due first day.</i>		



YOUNG REMBRANDTS

Anime/Manga Drawing

All new lessons this summer! Come learn to draw Japanese anime style cartoons and create your own original Manga style comic strip. No prior drawing experience required. Students will learn using our see-touch-do method of drawing.

Hillview Rm 15

Young Rembrandts Staff

110517-01 7-12yrs
M-F 7/28-8/1 1-4pm
Residents \$179 All Others \$197

All About Animals!

Kids love to draw animals! We will imagine ourselves at the zoo, the jungle and at sea as we learn to draw a variety of different animals in realistic, cartoon and graphic styles using marker, color pencil and pastels.

Hillview Conference Rm 3

Young Rembrandts Staff

110517-02 6-12yrs
M-F 6/23-6/27 9am-12pm
Residents \$179 All Others \$197

KIDS' CARPENTRY

Kids learn to safely use hand woodworking tools to build an ever-increasing range of projects as their skills increase. Instructor will show kids how to build an age appropriate project, and then let them do it, helping as necessary.

Hillview Rm 16

Kid's Carpentry Staff

111293-01 5-12yrs
M-F 7/28-8/1 9-11am
111293-02 5-12yrs
M-F 7/28-8/1 11:15am-1:15pm
111293-03 5-12yrs
M-F 7/28-8/1 1:30-3:30pm
Residents \$152* All Others \$170*
*Materials fee of \$40 due first day.

COOKING

YOUNG CHEFS ACADEMY

Note: Vegetarians and special diets are welcome. Please inform Young Chefs' staff before first day of camp.

Bakery & Chocolate Camp

This camp adventure brings you the baking basics of cookies, pies, breads, and cakes while mixing in regional specialties and trendy twists on classic favorites. Plus, for chocolate lovers, it will be dipped, chipped, melted, and sprinkled as we prepare an assortment of chocolate treats.

AM CAMPS

Young Chefs Academy YCA Staff

111267-01 5-9yrs
M-F 6/16-6/20 9am-12pm
111267-03 5-9yrs
M-F 7/7-7/11 9am-12pm
111267-05 5-9yrs
M-F 7/28-8/1 9am-12pm
Residents \$150* All Others \$168*
*Materials fee of \$100 due first day.

PM CAMPS

Young Chefs Academy YCA Staff

111267-02 9-12yrs
M-F 6/16-6/20 1:30-4:30pm
111267-04 9-12yrs
M-F 7/7-7/11 1:30-4:30pm
111267-06 9-12yrs
M-F 7/28-8/1 1:30-4:30pm
Residents \$150* All Others \$168*
*Materials fee of \$100 due first day.

Street Food Around the World

Street food is often cheap and tasty, plus there's no better way to taste the food of many peoples. Join us and we will bring you the pick of street eats across the globe.

AM CAMPS

Young Chefs Academy YCA Staff

111267-13 holiday week camp 5-9yrs
M-Th 6/30-7/3 9am-12pm
No class 7/4
Residents \$120* All Others \$138*
*Materials fee of \$80 due first day.

Young Chefs Academy YCA Staff

111267-15 5-9yrs
M-F 7/21-7/25 9am-12pm
111267-17 5-9yrs
M-F 8/11-8/15 9am-12pm
Residents \$150* All Others \$168*
*Materials fee of \$100 due first day.

PM CAMPS

Young Chefs Academy YCA Staff

111267-14 holiday week camp 9-12yrs
M-Th 6/30-7/3 1:30-4:30pm
No class 7/4
Residents \$120* All Others \$138*
*Materials fee of \$80 due first day.

Young Chefs Academy YCA Staff

111267-16 9-12yrs
M-F 7/21-7/25 1:30-4:30pm
111267-18 9-12yrs
M-F 8/11-8/15 1:30-4:30pm
Residents \$150* All Others \$168*
*Materials fee of \$100 due first day.



SPECIAL INTEREST

INCREDIFLIX

Note for all Incrediflix camps: 1. Free DVD with all camp movies. 2. Flix created in camp downloadable one month after camp ends. 3. Free lunch supervision and discount of one materials fee if signed up for both camps for the week.

Filmmaking Flix

Do you want to make a movie? We'll guide you through the process as you brainstorm, location scout, bring in props/costumes, act, and direct in a collaborated movie that will be fun for the entire audience.

Grant Park Rm 4	Incrediflix Staff
111202-01	7-13yrs
M-F	7/7-7/11 9am-12pm
Residents \$182*	All Others \$200*
*Materials fee of \$30 due first day.	

Green Screen Flix

In this live-action moviemaking camp, kids will use a green screen to transport them almost anywhere. Students will collaborate to write, act, and direct in this FX movie camp that can take place anywhere from the ocean to space!

Grant Park Rm 4	Incrediflix Staff
111202-02	7-13yrs
M-F	7/7-7/11 1-4pm
Residents \$182*	All Others \$200*
*Materials fee of \$30 due first day.	

NEW!

Filmmaking and Green Screen Flix

Spend a full day making movies with Incrediflix! In the morning you'll learn the process of moviemaking. After lunch campers get to learn the functions of green screen. You'll write, act and direct!

Grant Park Rm 4	Incrediflix Staff
111202-03	7-13yrs
M-F	7/7-7/11 9am-4pm
Residents \$318*	All Others \$336*
*Materials fee of \$60 due first day.	



LEGO® Flix

Bring LEGO® to life with stop-motion animation! We provide the LEGO® pieces. You provide your imagination. Students will create a set with characters for a movie they write, shoot, and voice over in age-appropriate groups.

Grant Park Rm 4	Incrediflix Staff
111202-04	7-13yrs
M-F	7/28-8/1 9am-12pm
Residents \$182*	All Others \$200*
*Materials fee of \$30 due first day.	

NEW!

Imagination Flix

In this stop-motion animation camp, there are no limits to where your imagination can take you. You'll brainstorm, create clay characters, film your movies using a green screen, and add voice-overs, while working in age-appropriate groups.

Grant Park Rm 4	Incrediflix Staff
111202-05	7-13yrs
M-F	7/28-8/1 1-4pm
Residents \$182*	All Others \$200*
*Materials fee of \$30 due first day.	

NEW!

LEGO® Flix and Imagination Flix

Spend a full day filming with Legos® and stop animation. In the morning you'll bring your Legos® to life! Campers will spend the afternoon creating clay characters.

Grant Park Rm 4	Incrediflix Staff
111202-06	7-13yrs
M-F	7/28-8/1 9am-4pm
Residents \$318*	All Others \$336*
*Materials fee of \$60 due first day.	

Animation Flix

Each day you'll use a new style of stop-motion for a total of five flix! It's the ultimate arts and crafts camp where campers create, direct, and film their movies in age-appropriate groups.

Grant Park Rm 4	Incrediflix Staff
111202-08	7-13yrs
M-F	8/11-8/15 9am-12pm
Residents \$182*	All Others \$200*
*Materials fee of \$30 due first day.	

NEW!

Creature Flix

Make your creatures look like they're running around the room with stop-motion animation. After creating cardboard creatures, you and your group will film and add voice-overs to the movie in this one-of-a-kind camp.

Grant Park Rm 4	Incrediflix Staff
111202-07	7-13yrs
M-F	8/11-8/15 1-4pm
Residents \$182*	All Others \$200*
*Materials fee of \$30 due first day.	

NEW!

Animation and Creature Flix

Creatures and Animation Flix all in one day! In the morning create creatures with stop animation. Spend the afternoon animating a new movie every day.

Grant Park Rm 4	Incrediflix Staff
111202-09	7-13yrs
M-F	8/11-8/15 9am-4pm
Residents \$318*	All Others \$336*
*Materials fee of \$60 due first day.	

SPORTS

EQUESTRIAN

SPRING DOWN EQUESTRIAN CENTER

Required: 1. Must download the liability form at springdown.com prior to camp. Forms must be filled out and turned in two weeks prior to the start of the camp session. 2. Due to the physical limitations of our horses, riders' weight should not exceed 225 pounds.

Horseback Riding Camp

Camp activities include safety around horses, grooming and tacking up, exercising horses, horse psychology and, of course, RIDING! Riding ability will be evaluated the first day and continue to be re-evaluated to keep your camper learning at just the right level.

Note: Aftercare is available. Please call 851-1114.

Spring Down Equestrian Center SDEC Staff

151248-01		6+yrs
M-F	6/16-6/27	9am-1pm
151248-02		6+yrs
M-F	7/7-7/18	9am-1pm
151248-03		6+yrs
M-F	7/21-8/1	9am-1pm
151248-04		6+yrs
M-F	8/4-8/15	9am-1pm
151248-05		6+yrs
M-F	8/18-8/29	9am-1pm
Residents \$750		All Others \$768

FENCING

THE CUTTING EDGE

thecuttingedge.s5.com

Note: Bring lunch daily; healthy snacks and drinks are provided.

Summer Saber Swordsman Camp

Delve into swordplay! Meet a variety of fencers, train, team up, earn prizes (including fencing gear!) and accomplish team and personal goals. Cross-train with everything from games, bouts, and footwork drills... to wielding "LED light sabers"! All gear provided—you needn't buy equipment. All levels welcome.

LAYC

111241-01		7+yrs
M-F	8/4-8/8	11am-5pm
Residents \$392*		All Others \$410*
*Materials fee of \$15 due first day.		

Cutting Edge Staff

Light Saber Combat Camp

Learn the ways of the force, build your skills in saber combat, martial arts kicks, and even "blaster blocking"! This action-packed saber camp is full of fun, fight scenes, and awesome skills. Create a fight scene with a friend and film it for posterity!

LAYC

111241-02		7+yrs
M-F	8/11-8/15	11am-5pm
Residents \$392*		All Others \$410*
*Materials fee of \$15 due first day.		

Cutting Edge Staff

GOLF

DEEP CLIFF GOLF

Equipment Note: Equipment is provided, but bring your own clubs if you have them. Please wear flat-soled athletic shoes. Golf shoes are not required.

Required: Please bring a bottle of water every day.

Weather Policy: We make every effort to hold our classes with consideration for participant comfort. Decisions as to whether a class will take place or not will be made one hour before the scheduled start time. Registrants may call Deep Cliff Golf Course directly at (408)253-5357 within one hour of class for updates and rescheduling. Rescheduling is done at the instructor's discretion.

Junior Golf Camp One

Golf is a challenging game and waaay fun! This camp teaches you the basic skills of the game including the proper etiquette and the most common rules. You will learn and strengthen your abilities and knowledge of golf to prepare yourself for the next level.

Deep Cliff Golf Course Deep Cliff Staff

111210-01		7-17yrs
M-F	6/9-6/13	9am-12pm
111210-02		7-17yrs
M-F	6/16-6/20	9am-12pm
111210-03		7-17yrs
M-F	6/23-6/27	9am-12pm
111210-04		7-17yrs
M-F	6/30-7/4	9am-12pm
111210-05		7-17yrs
M-F	7/7-7/11	9am-12pm
111210-06		7-17 yrs
M-F	7/14-7/18	9am-12pm
111210-07		7-17yrs
M-F	7/21-7/25	9am-12pm
111210-08		7-17yrs
M-F	7/28-8/1	9am-12pm
111210-09		7-17yrs
M-F	8/4-8/8	9am-12pm
111210-10		7-17yrs
M-F	8/11-8/15	9am-12pm
111210-11		7-17yrs
M-F	8/18-8/22	9am-12pm
Residents \$207		All Others \$225





The Player's Camp

Let's head to the course! This is the place to advance your game to the next level.

Equipment Note: It is suggested that you have your own clubs.

Prerequisite: Junior Golf or Intermediate Junior Golf, with instructor's approval to advance.

Required: Please bring a bottle of water daily.

Deep Cliff Golf Course	Deep Cliff Staff
111211-01	7-17yrs
M-F 6/16-6/20	2-4:30pm
111211-02	7-17yrs
M-F 6/23-6/27	2-4:30pm
111211-03	7-17yrs
M-F 6/30-7/4	2-4:30pm
111211-04	7-17yrs
M-F 7/7-7/11	2-4:30pm
111211-05	7-17yrs
M-F 7/14-7/18	2-4:30pm
111211-06	7-17yrs
M-F 7/21-7/25	2-4:30pm
111211-07	7-17yrs
M-F 7/28-8/1	2-4:30pm
111211-08	7-17yrs
M-F 8/4-8/8	2-4:30pm
111211-09	7-17yrs
M-F 8/11-8/15	2-4:30pm
111211-10	7-17yrs
M-F 8/18-8/22	2-4:30pm
Residents \$215	All Others \$233

GYMNASTICS & ROCK CLIMBING

TWISTER SPORTS

Gym Camp: Preschool

Children can come and enjoy a fun-filled camp that will include gymnastics, arts and crafts, music, stories, games, and more!

Required: Please bring a snack!

AM CAMPS	Twisters Sports	Twisters Staff
161215-01		3-6yrs
M-F 6/16-6/20		9am-12pm
161215-02		3-6yrs
M-F 6/23-6/27		9am-12pm
161215-03		3-6yrs
M-F 7/7-7/11		9am-12pm
161215-04		3-6yrs
M-F 7/14-7/18		9am-12pm
161215-05		3-6yrs
M-F 7/21-7/25		9am-12pm
161215-06		3-6yrs
M-F 7/28-8/1		9am-12pm
Residents \$181		All Others \$199
PM CAMPS	Twisters Sports	Twisters Staff
161215-10		3-6yrs
M-F 6/16-6/20		1-4pm
161215-11		3-6yrs
M-F 6/23-6/27		1-4pm
161215-12		3-6yrs
M-F 7/7-7/11		1-4pm
161215-13		3-6yrs
M-F 7/14-7/18		1-4pm
161215-14		3-6yrs
M-F 7/21-7/25		1-4pm
161215-15		3-6yrs
M-F 7/28-8/1		1-4pm
Residents \$181		All Others \$199

Gymnastics Camp

Boys and girls are introduced to progressive skills on all Olympic events and trampolines. They'll have fun bouncing, swinging, flipping, and tumbling on all our equipment.

Required: Please bring a snack and lunch.

Twisters Sports	Twisters Staff
111216-01	6-12yrs
M-F 6/16-6/20	9am-2pm
111216-02	6-12yrs
M-F 6/23-6/27	9am-2pm
111216-03	6-12yrs
M-F 7/7-7/11	9am-2pm
111216-04	6-12yrs
M-F 7/14-7/18	9am-2pm
111216-05	6-12yrs
M-F 7/21-7/25	9am-2pm
111216-06	6-12yrs
M-F 7/28-8/1	9am-2pm
Residents \$242	All Others \$260

Rock Climbing Camp

Campers will cover fundamental climbing techniques, plus build basic motor and problem solving skills, while playing games and having fun!

Required: Please bring a snack, a water bottle and wear tennis shoes!

AM CAMPS

Twisters Sports	Twisters Staff
111217-01	7-14yrs
M-F 6/16-6/20	9am-12pm
111217-02	7-14yrs
M-F 6/23-6/27	9am-12pm
111217-03	7-14yrs
M-F 7/7-7/11	9am-12pm
111217-04	7-14yrs
M-F 7/14-7/18	9am-12pm
111217-05	7-14yrs
M-F 7/21-7/25	9am-12pm
111217-06	7-14yrs
M-F 7/28-8/1	9am-12pm
Residents \$181	All Others \$199

PM CAMPS

Twisters Sports	Twisters Staff
111217-09	7-14yrs
M-F 6/16-6/20	1-4pm
111217-10	7-14yrs
M-F 6/23-6/27	1-4pm
111217-11	7-14yrs
M-F 7/7-7/11	1-4pm
111217-12	7-14yrs
M-F 7/14-7/18	1-4pm
111217-13	7-14yrs
M-F 7/21-7/25	1-4pm
111217-14	7-14yrs
M-F 7/28-8/1	1-4pm
Residents \$181	All Others \$199

Twisters' Combo Camp

A popular camp combining rock climbing and gymnastics for all-day fun! Campers will spend the morning either climbing or tumbling and then switch during the afternoon.

Required: Please bring a lunch, water bottle, wear comfy clothes and tennis shoes!

Twisters Sports		Twisters Staff	
111218-01			7-14yrs
M-F	6/16-6/20		9am-4pm
111218-02			7-14yrs
M-F	6/23-6/27		9am-4pm
111218-03			7-14yrs
M-F	7/7-7/11		9am-4pm
111218-04			7-14yrs
M-F	7/14-7/18		9am-4pm
111218-05			7-14yrs
M-F	7/21-7/25		9am-4pm
111218-06			7-14yrs
M-F	7/28-8/1		9am-4pm
Residents \$292		All Others \$310	

ICE SKATING

Beginning Ice Skating Camp

Beginning Ice Skating Camp gives you the equivalent of a five-week session in one week. Students will be introduced to basic ice skating skills including skating forward, backward and stopping.

Note: Skate rental and 30 minute practice time available on the lesson day included in the fee.

Required: 1. Please arrive 15 minutes before class begins. 2. Warm clothing, mittens/gloves.

Nazareth Ice Oasis		NIO Staff	
111238-01			5-12yrs
M-F	6/16-6/20		10:30-11am
111238-02			5-12yrs
M-F	7/7-7/11		10:30-11am
111238-03			5-12yrs
M-F	7/28-8/1		10:30-11am
Residents \$82		All Others \$100	

MULTI-SPORT

SKYHAWKS

Required: 1. Appropriate clothing, running or gym shoes, and sunscreen. 2. Lunch, snack and water bottle (for programs over 4 hours). 3. Two snacks and water bottle (for programs 4 hours or less).

Note: T-shirt and merit award included with purchase. Shirt will be distributed Monday at end of camp.

Mini-Hawk Camp

This multi-sport program was developed to give 4-7 year olds a positive first step into athletics. Soccer, basketball and baseball are taught in a safe, structured environment filled with encouragement and fun. Mini-hawkers explore balance, hand/eye coordination and skill development at their own pace.

Grant Park Soccer Field		Skyhawks Staff	
161222-01			4-7yrs
M-F	6/16-6/20		9am-12pm
161222-02			4-7yrs
M-F	7/21-7/25		9am-12pm
161222-03			4-7yrs
M-F	8/4-8/8		9am-12pm
Residents \$179		All Others \$197	

Skyhawks Baseball

Skyhawks baseball staff teaches the fundamentals of fielding, catching, throwing, hitting and base running, all in a fun, positive environment. Specifically designed for beginning and intermediate players, this program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork, and responsibility.

Hillview Baseball Field		Skyhawks Staff	
111223-01			6-12yrs
M-F	7/14-7/18		9am-1pm
111223-02			6-12yrs
M-F	8/4-8/8		1-4pm
Residents \$185		All Others \$203	

Skyhawks Basketball

This fun, skill-intensive program is designed for the beginner to intermediate player. Using our progression curriculum, staff focuses on the whole player, teaching respect, teamwork, and responsibility. An active week of passing, shooting, dribbling, and rebounding makes this one of our most popular programs.

Blach Gym		Skyhawks Staff	
111225-01	holiday week camp		6-12yrs
M-Th	6/30-7/3		9am-3pm
No camp 7/4			
Residents \$189		All Others \$207	

Blach Gym		Skyhawks Staff	
111225-02			6-12yrs
M-F	7/21-7/25		9am-3pm
Residents \$229		All Others \$247	



Skyhawks Flag Football

Flag football is the perfect introduction to "America's Game." Campers learn skills on both sides of the football including the core components of passing, catching, and defense--all presented in a fun and positive environment. The week ends with the Skyhawks Sports Bowl!

Grant Park Soccer Field Skyhawks Staff

111224-01		6-12yrs
M-F	8/4-8/8	9am-12pm
Residents \$179		All Others \$197

Skyhawks Golf

Skyhawks has adopted the SNAG (Starting New At Golf) system to its curriculum. SNAG is specifically designed for entry-level players; SNAG simplifies instruction so that young players can make an easy and effective transition onto the golf course. All equipment provided.

Hillview Baseball Field Skyhawks Staff

111272-01		5-8yrs
M-F	7/14-7/18	9am-12pm
Residents \$179		All Others \$197

Grant Park Soccer Field Skyhawks Staff

111272-02		5-8yrs
M-F	7/28-8/1	9am-12pm
Residents \$179		All Others \$197

Skyhawks Multi-Sport

This program combines multiple sports (soccer, baseball, and basketball) into one fun-filled week. Athletes will learn the basics of each sport through games and scrimmages. Your child will walk away with life lessons such as respect, team work and self discipline.

Grant Park Soccer Field Skyhawks Staff

111227-01		6-12yrs
M-F	8/11-8/15	9am-3pm
Residents \$229		All Others \$247

Skyhawks Soccer

Using progression curriculum, campers will gain the technical skills and sport knowledge required for that next step into soccer. By camp's end, your child will have learned new life skills such as teamwork and sportsmanship, made new friends, and improved his/her sport skills.

Grant Park Soccer Field Skyhawks Staff

111285-01		6-12yrs
M-F	6/23-6/27	9am-3pm
111285-02		6-12yrs
M-F	7/7-7/11	9am-3pm
Residents \$229		All Others \$247

Skyhawks Volleyball

All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting, and serving. Our staff will assist campers in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player.

Note: For the beginner and intermediate player.

Blach Gym Skyhawks Staff

111273-01		8-14yrs
M-F	6/16-6/20	9am-12pm
111273-02		8-14yrs
M-F	7/28-8/1	9am-12pm
Residents \$179		All Others \$197

SKATEBOARDING

SKATEWORKS

Skateboarding Camp

This camp will focus on skateboarding basics like: balance, safety, technique, and etiquette. We will have both street and transition type obstacles appropriate for all levels of skaters. We will also facilitate snack time, games, and free play.

Equipment Note for ALL Skateworks classes: skateboard, knee, elbow and wrist guards, helmet, and water bottle required.

Grant Park Basketball Courts

Skateworks Staff

150815-01		6-10yrs
M-F	6/16-6/20	10am-1pm
150815-02		11-14yrs
M-F	6/23-6/27	10am-1pm
150815-03		6-10yrs
M-F	7/7-7/11	10am-1pm
150815-04		11-14yrs
M-F	7/14-7/18	10am-1pm
150815-05		6-10yrs
M-F	8/4-8/8	10am-1pm
150815-06		11-14yrs
M-F	8/11-8/15	10am-1pm
Residents \$179		All Others \$217





SOCCER

COACH KEN'S SOCCER ACADEMY

Equipment Note for ALL Coach Ken Soccer Camps: All participants must wear shin guards. Soccer shoes and sunscreen are recommended. Half-day campers receive a Coach Ken T-shirt; full-day campers receive a Coach Ken jersey.

Full-Day Camps

Kids play and do fun drills until 12:30pm. After lunch, kids hone skills learned in the morning and learn extra things like goal keeping. Parents: Please read our full, comprehensive hour by hour camp schedule by opening the link "About Our Camps" at coachkensoccer.com.

Note: Please bring a full water bottle and lunch daily.

Heritage Oaks Park	Coach Ken's Staff
111263-31	6-12yrs
M-F	8/4-8/8 9am-5pm
111263-32	6-12yrs
M-F	8/11-8/15 9am-5pm
Residents \$347	All Others \$365

Half Day Camps

From 9-11am, kids learn skills and moves which are reinforced with fun games. They also do agility, which helps them improve their coordination and speed--plus they'll play with speed ladders, flags and hurdles. After a 30-minute break, they do supervised activities from 11:30-12:30.

Required: Please bring a full water bottle and a snack.

Heritage Oaks Park	Coach Ken's Staff
111263-01	4-5yrs
M-F	6/23-6/27 9am-12:30pm
111263-02	4-5yrs
M-F	7/14-7/18 9am-12:30pm
111263-03	4-5yrs
M-F	7/28-8/1 9am-12:30pm
111263-04	4-5yrs
M-F	8/4-8/8 9am-12:30pm
111263-05	4-5yrs
M-F	8/11-8/15 9am-12:30pm
Residents \$162	All Others \$180

Heritage Oaks Park	Coach Ken's Staff
111263-07	6-7yrs
M-F	6/23-6/27 9am-12:30pm
111263-08	6-7yrs
M-F	7/14-7/18 9am-12:30pm
111263-09	6-7yrs
M-F	7/28-8/1 9am-12:30pm
111263-10	6-7yrs
M-F	8/4-8/8 9am-12:30pm
111263-11	6-7yrs
M-F	8/11-8/15 9am-12:30pm
Residents \$187	All Others \$205

Heritage Oaks Park	Coach Ken's Staff
111263-13	8-9yrs
M-F	6/23-6/27 9am-12:30pm
111263-14	8-9yrs
M-F	7/14-7/18 9am-12:30pm
111263-15	8-9yrs
M-F	7/28-8/1 9am-12:30pm
111263-16	8-9yrs
M-F	8/4-8/8 9am-12:30pm
111263-17	8-9yrs
M-F	8/11-8/15 9am-12:30pm
Residents \$187	All Others \$205

Heritage Oaks Park	Coach Ken's Staff
111263-19	10-12yrs
M-F	6/23-6/27 9am-12:30pm
111263-20	10-12yrs
M-F	7/14-7/18 9am-12:30pm
111263-21	10-12yrs
M-F	7/28-8/1 9am-12:30pm
111263-22	10-12yrs
M-F	8/4-8/8 9am-12:30pm
111263-23	10-12yrs
M-F	8/11-8/15 9am-12:30pm
Residents \$187	All Others \$205

KLS SUMMER SOCCER CAMPS

Learn and practice soccer skills including: dribbling, passing, receiving, and shooting. More experienced players will work on developing advanced dribbling moves and team tactics such as possession and combination play. The week's fun culminates in a "World Cup" tournament.

Equipment Note: Each child will receive a KLS jersey and soccer ball! All participants must wear shin-guards; soccer shoes and sunscreen are recommended.

Required: Bring a full water bottle and a healthy snack.

Hillview Baseball Field	KLS Staff
111212-01	4.5-6yrs
M-F	7/21-7/25 9am-1pm
111212-02	4.5-6yrs
M-F	8/11-8/15 9am-1pm
111212-03	7-8yrs
M-F	7/21-7/25 9am-1pm
111212-04	7-8yrs
M-F	8/11-8/15 9am-1pm
111212-05	9-10yrs
M-F	7/21-7/25 9am-1pm
111212-06	9-10yrs
M-F	8/11-8/15 9am-1pm
Residents \$164	All Others \$182



TENNIS

TENNIS AT YOUR SERVICE

whitlingersarsfieldtennis.com

Youth Tennis Camps

Our popular tennis camps emphasize stroke FUNDamentals with dynamic games and exciting drills. Each camp will have the appropriate court size and tennis balls for their age group. Two courts grouped by ability. Please sign up early!

Rain Policy: In case of rain, contact the Recreation Department at 947-2790, Monday-Friday, 8am-5pm, within an hour before scheduled starting time for class status. For evening or weekend classes, check with the instructor at the court. If at any time the instructor is absent, report to the next scheduled lesson for make-up date. No postponement announcement will be initiated by the instructor or the recreation department.

Marymeade Park Courts 2/3

Whitlinger/Sarsfield Tennis Staff

111213-03	Terrific Tiny Tennis	4-6yrs
M-Th	8/11-8/14	9:30-10:30am
111213-04	Quickstart	8-10yrs
M-Th	8/11-8/14	10:30am-12pm
111213-05	Terrific Tiny Tennis	5-7yrs
M-Th	8/11-8/14	1:30-2:30pm
111213-06	Youth Novice	11-14yrs
M-Th	8/11-8/14	2:30-4pm
Residents \$81		All Others \$99

Junior League Team Tennis

This camp provides excellent instruction, extensive practice and exciting match play for juniors. Practice will be twice a week from 1:30-3pm, and match play will be on Fridays, 1:30-3:30pm, versus other local teams. The season culminates with the Whitlinger Cup playoffs.

Prerequisites: This program is designed for boys and girls at the intermediate to high intermediate level. Juniors, who will be 16 years or older before August 1st of this year, and/or juniors who have achieved a top 50 ranking in the USTA's 14 or 16 year old divisions, are ineligible.

Equipment Note: Please bring one unopened can of tennis balls to the first day of practice.

Note: Fee includes team tennis shirt.

*Quarterfinals: Fri 8/9, 1:30-3:30pm at TBA
Championship: Sat, 8/16, 8:30am-12pm at Stanford*

Rosita Park Courts 1-3

Whitlinger/Sarsfield Tennis Staff

111214-01		10-15yrs
M/W/F	6/16-8/8	1:30-3pm*
No class 7/4		
Residents \$235		All Others \$253
*Friday home matches held at Los Altos High School Courts 9-12 and end at 3:30pm.		



WATER SPORTS

SAILING & WINDSURFING AT SHORELINE SAILING LAKE

shorelinelake.com
965-7474

Required: 1. Comfortable clothes, a bathing suit, a jacket or fleece, a towel, lots of sun protection, a lanyard to secure glasses, a bottle of water, and non-skid/non-marking shoes to wear while on the boats and boards. (We will get WET - tennis shoes, aqua socks, or Teva sandals are ideal!) No flip-flops allowed. 2. Please bring a snack or extra money daily. Daily lunch pass available for purchase first day of camp (\$40 per week). 3. Students should be at ease swimming and treading water.

Note: Extended care available. Call 965-7474 for details. (Before and aftercare: \$140 per week.)

Camp Shoreline

Spend the morning learning to kayak, canoe, row, and pedal boat on the 50-acre Shoreline Lake, amidst a wildlife sanctuary nestled in the heart of Silicon Valley. Afternoons will be spent playing games, hiking, bird watching, or participating in craft activities.



Shoreline Aquatic Center	SAC Staff
111240-01	5-11yrs
M-F 6/2-6/6	10am-3pm
111240-02	5-11yrs
M-F 6/9-6/13	10am-3pm
111240-03	5-11yrs
M-F 6/16-6/20	10am-3pm
111240-04	5-11yrs
M-F 6/23-6/27	10am-3pm
111240-05	5-11yrs
M-F 6/30-7/4	10am-3pm
111240-06	5-11yrs
M-F 7/7-7/11	10am-3pm
111240-07	5-11yrs
M-F 7/14-7/18	10am-3pm
111240-08	5-11yrs
M-F 7/21-7/25	10am-3pm
111240-09	5-11yrs
M-F 7/28-8/1	10am-3pm
111240-10	5-11yrs
M-F 8/4-8/8	10am-3pm
111240-11	5-11yrs
M-F 8/11-8/15	10am-3pm
111240-12	5-11yrs
M-F 8/18-8/22	10am-3pm
Residents \$377	All Others \$395

Windsurfing & Sailing: Level 1

Hands-on course to introduce students to the fundamentals of both windsurfing and sailing, two fulfilling and rewarding lifetime sports. Daily exercises conducted in a supportive learning environment by our talented and well-qualified instructors will progressively develop each essential skill.

Shoreline Aquatic Center	SAC Staff
111201-01	9-15yrs
M-F 6/2-6/6	9am-2pm
111201-02	9-15yrs
M-F 6/9-6/13	9am-2pm
111201-03	9-15yrs
M-F 6/16-6/20	9am-2pm
111201-04	9-15yrs
M-F 6/23-6/27	9am-2pm
111201-05	9-15yrs
M-F 6/30-7/4	9am-2pm
111201-06	9-15yrs
M-F 7/7-7/11	9am-2pm
111201-07	9-15yrs
M-F 7/14-7/18	9am-2pm
111201-08	9-15yrs
M-F 7/21-7/25	9am-2pm
111201-09	9-15yrs
M-F 7/28-8/1	9am-2pm
111201-10	9-15yrs
M-F 8/4-8/8	9am-2pm
111201-11	9-15yrs
M-F 8/11-8/15	9am-2pm
111201-12	9-15yrs
M-F 8/18-8/22	9am-2pm
Residents \$412	All Others \$430

Windsurfing & Sailing: Level 2

Step up the performance during a week of refining your windsurfing and sailing skills! Challenge yourself--wind conditions will be stronger for this level. Hone your skills with our team of certified advanced instructors and start racing.

Prerequisite: Level 1 Windsurfing and Sailing or equivalent.

Shoreline Aquatic Center	SAC Staff
111201-13	9-15yrs
M-F 6/2-6/6	11:30am-4:30pm
111201-14	9-15yrs
M-F 6/9-6/13	11:30am-4:30pm
111201-15	9-15yrs
M-F 6/16-6/20	11:30am-4:30pm
111201-16	9-15yrs
M-F 6/23-6/27	11:30am-4:30pm
111201-17	9-15yrs
M-F 6/30-7/4	11:30am-4:30pm
111201-18	9-15yrs
M-F 7/7-7/11	11:30am-4:30pm
111201-19	9-15yrs
M-F 7/14-7/18	11:30am-4:30pm
111201-20	9-15yrs
M-F 7/21-7/25	11:30am-4:30pm
111201-21	9-15yrs
M-F 7/28-8/1	11:30am-4:30pm
111201-22	9-15yrs
M-F 8/4-8/8	11:30am-4:30pm
111201-23	9-15yrs
M-F 8/11-8/15	11:30am-4:30pm
111201-24	9-15yrs
M-F 8/18-8/22	11:30am-4:30pm
Residents \$412	All Others \$430

Tiny Tots Preschool and Kinder Prep Programs



Programs Offered:

Terrific 3s

9:30 am - 12 noon
Tuesday, Thursday

Fabulous 4s

9:30 am - 12 noon
Monday, Wednesday, Friday

Kinder Prep

8:45 - 11:45 am
Monday - Friday

For more information, visit losaltostinytots.org
or call 947-2890 to schedule your tour today!

Terrific 3s & Fabulous 4s

647 N San Antonio Rd
Los Altos
949-2203

Kinder Prep Program

97 Hillview Ave Rm 14
Los Altos
947-2885



YOUTH CLASSES



ACADEMIC FUN

FLEX COLLEGE PREP

SAT Workshop

Join our SAT Bootcamp to prepare for your next SAT I Exam! This intensive course will cover critical reading, math, and writing (including the essay) components of the exam. Included in the course are full length diagnostic SAT exams.

FLEX Los Altos	FLEX Staff
820817-01	13-17yrs
Tue/Thu	2-4pm
6/24-7/31	
Residents \$732*	All Others \$750*

*Materials fee of \$35 due first day.

SAT Junior Critical Reading & Writing Intensive Workshop

SAT-level skills can be developed early on! The SAT Junior Program helps students build the critical thinking and analytical skills necessary both for the SAT verbal sections and for future academic success. Forward thinking 8th-10th graders can get a head-start with this course.

FLEX Los Altos	FLEX Staff
820817-02	12-15yrs
Tue/Thu	10am-12pm
6/24-7/31	
Residents \$732*	All Others \$750*

*Materials fee of \$25 due first day.

Middle School Persuasive Essay Writing

This class will give middle school students a jump start on their writing skills to prepare them for high school. This class will help students develop skills to be able to write persuasive essays. The course is creative and interactive in nature and designed to train students to be successful in their future writing courses.

FLEX Los Altos	FLEX Staff
820817-03	11-14yrs
Mon/Wed	1-3pm
6/23-7/30	
Residents \$600*	All Others \$618*

*Materials fee of \$25 due first day.

GREEN BEAN KIDZ

Green Bean Kidz is an outdoor education program for children. Participants experience nature in many fun ways including hiking and observing their surroundings. The program incorporates music, art, science, games, and movement -- all focused on ecology and environmental awareness.

Notes: Program takes place at various local parks in Los Altos. First class meets at Redwood Grove. (Must park on University Ave and walk into park.)

Various Los Altos Parks Green Bean Kidz Staff

861808-01		2-5yrs*
Tue	6/17-7/29	9:30-11am
<u>No class 7/1</u>		
861808-02		2-5yrs*
Tue	8/5-9/9	9:30-11am
861808-03		2-5yrs*
Wed	6/18-7/30	9:30-11am
<u>No class 7/2</u>		
861808-04		2-5yrs*
Wed	8/6-9/10	9:30-11am
811808-01		5-10yrs*
Tue	6/17-7/29	3:30-5pm
<u>No class 7/1</u>		
811808-02		5-10yrs**
Tue	8/5-9/9	3:30-5pm
811808-03		5-10yrs**
Wed	6/18-7/30	3:30-5pm
<u>No class 7/2</u>		
811808-04		5-10yrs**
Wed	8/6-9/10	3:30-5pm

Residents \$135*** All Others \$153***
*Parent must accompany child.
**Parents are strongly encouraged to attend.
***Materials fee of \$15 due first day.



INSTITUTE OF READING DEVELOPMENT

Summer Reading Program

A special series of very effective reading programs for preschoolers, school-age children and adults will be offered this summer. These popular classes are taught by professional instructors from the Institute of Reading Development, which has been teaching these classes for the past 35 years.

To register or for more information for all of the Institute of Reading Development programs, call (800)979-8980.

Level R (4yrs & Entering Kindergarten)

In this program your child will develop the reading readiness skills required to make learning to read easy, enjoyable and successful. Our students are captivated by the beautiful instructional materials and musical CDs we use to teach alphabet skills and beginning phonics.

Hillview Rm 18	IRD Staff
Level R	4-5yrs
Sun	7/27-8/24 10-11:15am
<i>Residents & All Others \$239*</i>	
<i>*Materials fee of \$36 due at registration.</i>	

Levels 1-4 (6-11yrs & Entering Grades 1-5)

In these programs your child will learn the essential phonics and comprehension skills required to become a fluent reader, as well as the word-attack skills needed for multi-syllable words. Our students also learn advanced comprehension skills required for textbooks and literature.

Hillview Rm 18	IRD Staff
Level 1	6yrs
Sun	7/27-8/24 12:15-2:15pm
Level 2	7yrs
Sat	7/26-8/23 9-11am
Level 3	8yrs
Sun	7/27-8/24 3:15-5:15pm
Level 4	9-11yrs
Sat	7/26-8/23 3:30-5:45pm
<i>Residents & All Others \$239*</i>	
<i>*Materials fee of \$39 due at registration.</i>	

Levels 5 & 6 (12-15yrs & Entering Grades 6-11)

In these programs our average student improves reading comprehension one-to-two whole grade levels, while more than doubling reading speed. We'll teach your son or daughter the best way to improve vocabulary, study textbooks, take notes, and prepare for tests.

Hillview Rm 18	IRD Staff
Level 5	12-13yrs
Sat	7/26-8/23 12-2:30pm
Level 6	14-15yrs
Mon	7/21-8/18 3:30-6pm
<i>Residents & All Others \$299*</i>	
<i>*Materials fee of \$39 due at registration.</i>	

Level 7 (16+yrs, Entering Grade 12, College Students & Adults)

Read 3-to-4 times faster in novels, newspapers, and most business and school materials. In addition, the comprehension, concentration and retention techniques you will learn will enable you to remember more. Participants in our adult speed-reading program receive free lifetime repeat privileges.

Hillview Rm 18	IRD Staff
Level 7	16+yrs
Mon	7/21-8/18 7-9:30pm
<i>Residents & All Others \$299*</i>	
<i>*Materials fee of \$39 due at registration.</i>	

ECONOMIC DRIVING SCHOOL

In-Class Driver's Ed

This course meets the State of California requirement to obtain a driver's instruction permit. Upon completion, each student will receive a Certificate of Completion of Classroom Driver Education. Students must attend all sessions in order to receive the DMV certificate.

Note: Bring a bag lunch.

Hillview Rm 16

Economic Driving School Staff

851802-01		15+yrs
M-Th	6/23-6/26	8:30am-4pm
Residents	\$129	All Others \$147

Online Driver's Ed

This online class is approved by the DMV. Reading, flash graphics, videos, and quizzes prepare the reader to pass the DMV test.

To register, visit

economicdrivingschool.com/online.

To complete the question "How did you hear about us?" choose activity code 2790.

Residents & All Others \$68.50

MY FIRST ART CLASS

Spend quality time with your young child. Each week features a new theme with five art stations. Art projects continue to change all year long! Process rather than product is emphasized. Each class ends on a musical note with singing and dancing.

Required: 1. Parent/caregiver must stay in class with child. 2. Wear your grubbies! 3. Aprons provided.

Hillview Rm 15

My First Art Staff

850501-01		1.5-3yrs
Wed	6/18-8/6	9:30-10:30am
850501-03		1.5-3yrs
Thu	6/19-8/14	9:30-10:30am
No class 6/26		
850501-02		2-5yrs
Wed	6/18-8/6	10:45-11:45am
850501-04		2-5yrs
Thu	6/19-8/14	10:45-11:45am
No class 6/26		
Residents	\$117*	All Others \$135*
*Materials fee of \$15 due first day.		

COMMUNITY SCHOOL OF MUSIC & ARTS (CSMA)

Required: Parent/caregiver must attend with child.

Young Art Makers

Designed as a first classroom art experience for the young child, this fun class explores colors, shapes and textures in a nurturing, creative environment. Children experience clay, pastels, glue, sand, and paint.

CSMA

Marin

860518-09		2-4yrs
Sun	7/13-8/17	10-10:45am
Residents	\$127	All Others \$145

Sticky & Squishy

Little ones: Here is your chance to get down and dirty with all sorts of gooey, foamy, squishy and sticky materials! Have fun building, creating, pushing and pulling while making beautiful works of art.

CSMA

Lugo

860518-11		1.5-3yrs
Tue	7/1-8/5	9:30-10:15am
Residents	\$127	All Others \$145

ARTS & CRAFTS

ALBERT LOVES FRIDA

Science and Art of Ceramics

Explore and learn how and why clay transforms from soft muddy material into artistry. Where does clay come from? What happens to clay when fired in a kiln? How do glazes that give clay its brightly colored surface work? Multiple ceramic pieces will be built and glazed in each class.

Requirements: Students should bring a nutritious lunch daily.

Hillview Rm 14

Albert Loves Frida Staff

810519-01		8-12yrs
Mon	7/14-8/11	9:15am-2:30pm
Residents	\$362*	All Others \$380*
*Materials fee of \$30 due first day.		



DANCE & PERFORMING ARTS

BALLROOM DANCE

Now's the time to start learning to dance like the stars! Learn the basics of ballroom dancing. Don't miss out on the fun of being on the dance floor.

Equipment Note: Please wear non-stick shoes.

LAYC

810202-01

Thu 6/19-8/7

Residents \$104*

*Fee is per person.

Minev

6-12yrs

5:30-6:30pm

All Others \$122*

FIVE & UNDER DANCE

Tiny Tutu

This class is an introduction to ballet and creative movement using many props and activities aimed toward your child's development. Parents are welcome to observe their little dancers from the back of the classroom.

Equipment Note: Leotards and soft ballet shoes required.

Hillview Rm 4

860209-01

Wed 6/18-8/20

860209-02

Thu 6/19-8/21

Residents \$140

Vaillancourt

2.5-3.5yrs

10-10:30am

2.5-3.5yrs

10-10:30am

All Others \$158

Ballet

A beginning dance class designed for your little dancer. This is an introduction to positions, barre work, across-the-floor fundamentals, and dance routines. A fun and creative environment to help nourish your child's love of dancing.

Equipment Note: Ballet shoes and attire required.

Hillview Rm 4

860203-01

Wed 6/18-8/20

860203-02

Thu 6/19-8/21

Residents \$140

Vaillancourt

3.5-5yrs

10:35-11:05am

3.5-5yrs

10:35-11:05am

All Others \$158

Tap/Ballet

A great introduction to both tap and ballet. Students will stretch and learn the basics of tap and ballet that will develop their dancing skills. A fun and creative environment to help nourish your child's love of dancing.

Equipment Note: Ballet and tap shoes required.

Hillview Rm 4

860205-01

Wed 6/18-8/20

860205-02

Thu 6/19-8/21

Residents \$169

Vaillancourt

3.5-5yrs

12:30-1:15pm

3.5-5yrs

12:30-1:15pm

All Others \$187

JEAN LEE'S BALLET CLASSES

Equipment Note for ALL of Jean Lee's classes: Leotards and soft ballet shoes required.

Note: ALL of Jean Lee's students will be eligible to participate in the spring 2015 dance program!

Pre-Ballet Beginners

A joyful introduction to ballet. This class is specifically geared toward the young dancer. Students will learn simple ballet positions, steps, combinations, movements, and activities.

Hillview Rm 4

810213-01

Thu 6/19-8/14

No class 7/3

Residents \$136

Lee

4.5-7yrs

3:45-4:30pm

All Others \$154

Classical Ballet Intermediate/Advanced

This is a basic technique class emphasizing barre work and proper techniques for turns and leaps - serious work - but also fun for the student!

Hillview Rm 4

810215-01

Thu 6/19-8/14

No class 7/3

Residents \$136

Lee

6-12yrs

4:30-5:30pm

All Others \$154



MARTIAL ARTS

CHANG TAI DO KARATE & FITNESS

changtaido.com

Equipment Note for ALL Chang Tai Do classes: Materials fee stated below covers uniform and target pad. These items are mandatory and must be purchased directly from the instructor at first class by all first time participants.

Notes: 1. Hitting or striking another student is not permitted. 2. Testing and private lessons available for additional fees.

Chang Tai Do Karate for Tots

Introduction to proper stretching, basic blocks, kicks, punches, strikes, body part awareness, and what to do to fend off an attacker. Children's natural curiosity and playfulness, combined with basic karate drills, help develop coordination, mental focus and alertness.

Hillview Social Hall Chang/Huey

811104-01 4-7yrs

Thu 7/10-9/18 5-6pm

Residents \$160* All Others \$178*

*Materials fee of \$75 due first day for first-time participants.

Chang Tai Do Karate Beginning/Int

Introduction to the history, culture, terminology and etiquette of Chang Tai Do Karate. Learn proper stretching, basic blocks, punches, kicks and strikes, self-defense, forms (kata), and sparring (kumite). Training will help students develop better mental focus, coordination, discipline, respect, strength, endurance, and skills to defend oneself.

Hillview Social Hall Chang/Huey/Do

811102-01 8-17yrs**

Tue/Thu 7/8-9/18 6-7pm

Residents \$179* All Others \$197*

*Materials fee of \$75 due first day for first-time participants.

**Returning students younger than 8 can register with instructor approval.



JUDO JUJITSU

For beginning students. Through a unique and supportive teaching style, students will learn punching, kicking, throwing, falling, grappling, and real world practical self-defense techniques. Join this exciting class and improve your self-confidence, condition your physical self and develop a positive self-image.

Grant Park MPR Gearhart

811101-01 7-16yrs

Mon/Thu 6/16-8/28 6-7pm

Residents \$136 All Others \$154

MUSIC

MELODY'S ACADEMY OF MUSIC

4151 Middlefield Rd, Ste 105, Palo Alto
(in the Global Fluency Building)

Required for ALL MAM classes: During classes, only registered student with their parent permitted in classroom.

Group Ukulele

Try the ukulele! This group class is designed for young beginners to help them learn basic ukulele skills which include, but is not limited to, chords, strum patterns, scales, and music reading.

Equipment Note: Please bring own ukulele or contact us to purchase one.

Melody Academy of Music MAM Staff

820112-03 8-12yrs

Wed 7/2-8/6 4:30-5:15pm

Residents \$168* All Others \$186*

*Materials fee of \$25 due first day and does not include ukulele rental.



Melody's Piano Beginners: 4-5yrs

This course will enrich children who have never studied music through a variety of fun activities. It provides students with the opportunity to learn various music skills, such as singing, ear-training, keyboard playing, rhythm ensemble, and reading music.

Equipment Note: MAM provides full-sized digital keyboard for each family to use in class.

Required: Parents must attend with their children.

Melody Academy of Music	MAM Staff
810104-01	4-5yrs
Sat 6/21-7/26	10-10:45am
810104-02	4-5yrs
Thu 7/10-8/14	6-6:45pm
810104-03	4-5yrs
Sun 8/10-9/14	10-10:45am
810104-04	4-5yrs
Sun 8/24-9/28	4-4:45pm
Residents \$168*	All Others \$186*
<i>*Materials fee of \$45 due first day.</i>	

Melody's Piano Beginners: 5-7yrs

Music theory, keyboard skills and techniques are included in this class. Ear-training and sight-singing skills will be emphasized. Children will also receive instruction in performing keyboard and rhythm instruments.

Equipment Note: MAM provides full-sized digital keyboard for each family to use in class.

Required: Parents must attend with their children.

Melody Academy of Music	MAM Staff
810104-05	5-7yrs
Sat 6/21-7/26	9-9:45am
810104-06	5-7yrs
Thu 7/10-8/14	7-7:45pm
810104-07	5-7yrs
Sun 8/10-9/14	11-11:45am
810104-08	5-7yrs
Sun 8/24-9/28	5-5:45pm
Residents \$168*	All Others \$186*
<i>*Materials fee of \$45 due first day.</i>	

Yamaha Piano/Keyboard Beginner

MAM is now offering Yamaha certified Piano/Keyboard classes!! Over 600,000 students around the world have studied Yamaha music curriculum. It is proven that group lessons are an effective way to achieve comprehensive musical training.

Equipment Note: MAM provides full-sized digital keyboard for each family to use in class.

Melody Academy of Music	MAM Staff
810104-09	5-6yrs
Fri 7/18-8/22	7-7:45pm
Residents \$168*	All Others \$186*
<i>*Materials fee of \$45 due first day.</i>	

Group Guitar Beginners: 7-10yrs

This is a beginner's class for kids. Focus will be on learning basic skills and techniques for the instrument. No former musical knowledge required.

Equipment Note: Please bring your own guitar.

Required: Parents must attend with their children.

Melody Academy of Music MAM Staff

810112-01 7-10yrs
Wed 7/2-8/6 5:30-6:15pm
Residents \$168* All Others \$186*
**Materials fee of \$25 due first day and does not include guitar rental.*

Group Guitar Beginners: 10-13yrs

This class is designed to facilitate self-discovery through the instrument. Group setting helps create environment for expression and communication through music.

Equipment Note: Please bring your own guitar.

Melody Academy of Music MAM Staff

810112-02 10-13yrs
Wed 7/2-8/6 6:30-7:15pm
Residents \$168* All Others \$186*
**Materials fee of \$25 due first day and does not include guitar rental.*



Group Flute Lessons

This class is a group flute class for beginner students. The students will learn music fundamentals such as note reading, rhythm, music theory, and basic flute playing.

Equipment Note: Must bring own flute.

Required: Parents must attend with their children.

Melody Academy of Music MAM Staff

810110-01 7-12yrs
Wed 7/9-8/13 7-7:45pm
810110-02 7-12yrs
Wed 8/20-9/24 7-7:45pm
Residents \$168* All Others \$186*
**Materials fee of \$25 due first day and does not include flute rental.*

Group Violin Lessons

Try the violin! Suzuki method is combined with Western teaching methods to provide a strong foundation for playing this sophisticated instrument. Students learn to read notes and become familiar with rhythm and music theory.

Required: Parents must attend with their children.

Melody Academy of Music MAM Staff

810105-01 6-10yrs
Fri 7/18-8/22 6:45-7:30pm
810105-02 6-10yrs
Sun 8/10-9/14 12-12:45pm
Residents \$168* All Others \$186*
**Materials fee of \$45 due first day and includes 6-week violin rental. \$25 if student has own violin.*



**TEEN
PROGRAMS**



Turn to
pages 48-49
for the latest info
on all our activities for
local teens including
LAYC dances,
The Underground Teen
Center and the
Los Altos Youth
Commission.



SPORTS

ARCHERY

THE ART & ENJOYMENT OF ARCHERY

The archery classes in this program are designed to help students learn and develop their archery skills. Instructor Ray Roan has practiced archery for over 30 years and has been teaching for more than 25 years.

Equipment Note for ALL archery classes: Basic archery equipment will be provided.

Archery 1

Participants will learn the technique of shooting a bow, as well as the names for each of the parts of the bow and arrow. This safe and fun class allows each individual to focus on their accomplishments.

Redwood Grove		Roan
810918-01		7-17yrs
Thu	6/19-7/17	4-5pm
No class 7/3		
810918-02		7-17yrs
Fri	6/20-7/18	4-5pm
No class 7/4		
810918-03		7-17yrs
Thu	7/24-8/14	4-5pm
810918-04		7-17yrs
Fri	7/25-8/15	4-5pm
Residents \$126		All Others \$144

Archery 2

This class is a continuation for those who are ready to move on to the next level (contact Ray Roan via the Recreation Office to see if you qualify), or for those who have been shooting archery for at least one year. The focus of this class will be to refine shooting form.

Redwood Grove		Roan
810918-05		9-17yrs
Thu	6/19-7/17	5-6pm
No class 7/3		
810918-06		9-17yrs
Thu	7/24-8/14	5-6pm
Residents \$126		All Others \$144



Archery 3

This class is for those who have been taking archery classes for at least four years and want to further refine their shooting skills.

Redwood Grove		Roan
810918-07		9-17yrs
Fri	6/20-7/18	5-6pm
No class 7/4		
810918-08		9-17yrs
Thu	7/24-8/14	5-6pm
Residents \$126		All Others \$144

EQUESTRIAN

CHAPARRAL RANCH

3375 Calaveras Rd, Milpitas

NEW!

Basic Horsemanship

This class teaches the student saddling, mounting, leading, grooming, parts of the horse, parts of the saddle, and tying the horse. The last class is a riding lesson.

Equipment Note: Long pants, closed toe shoes required. Helmet is supplied at no cost.

Chaparral Ranch		Mott
850405-01		8+yrs
Sat	7/5-7/26	9-10am
Residents \$107		All Others \$125

NEW!

1 Hour Trail Ride

One hour trail ride through the beautiful hills of Ed Levin Park in Milpitas. This is a walking ride only.

Equipment Note: Long pants, closed toe shoes required. Helmet is supplied at no cost. Required: Must be 8 years old to go on trails; anyone under 18 must wear a helmet.

Chaparral Ranch		Mott
850405-02		8+yrs
Sat	6/21	9-10am
850405-03		8+yrs
Sat	6/28	9-10am
850405-04		8+yrs
Sat	7/5	9-10am
850405-05		8+yrs
Sat	7/12	9-10am
850405-06		8+yrs
Sat	7/19	9-10am
850405-07		8+yrs
Sat	7/26	9-10am
850405-08		8+yrs
Sat	8/2	9-10am
850405-09		8+yrs
Sat	8/9	9-10am
850405-10		8+yrs
Sat	8/16	9-10am
Residents \$57		All Others \$75

NEW!

2 Hour Trail Ride

Two hour walk trot ride through beautiful Ed Levin Park in Milpitas. This is a more advanced ride.

Equipment Note: Long pants, closed toe shoes required. Helmet is supplied at no cost. Required: Must be 12 years and up, and must be able to sit in saddle for 2 hours. Anyone under 18 must wear a helmet.

Chaparral Ranch		Mott
850405-11		12+yrs
Sat	6/28	9-11am
850405-12		12+yrs
Sat	7/5	9-11am
850405-13		12+yrs
Sat	7/12	9-11am
850405-14		12+yrs
Sat	7/19	9-11am
850405-15		12+yrs
Sat	7/26	9-11am
850405-16		12+yrs
Sat	8/2	9-11am
850405-17		12+yrs
Sat	8/9	9-11am
850405-18		12+yrs
Sat	8/16	9-11am
850405-19		12+yrs
Sat	8/23	9-11am
Residents \$92		All Others \$110

FENCING

THE CUTTING EDGE

thecuttingedge.s5.com

Equipment Note for All Fencing Classes: 1. All equipment provided by instructor. You need not purchase ANYTHING to begin! 2. Please wear athletic clothing and non-skid, white-soled shoes. 3. Bring a water bottle.

Basic Sabre Fencing

En garde! Learn the lightning-quick sport of sabre fencing! Train, drill and team up with professional, licensed and insured fencing instructors from The Cutting Edge. Participate in games, bouts with classmates and get a great athletic workout!

Grant Park MPR	Cutting Edge Staff
852001-01	7+yrs
Sat	6/21-8/23 12:30-1:15pm
No class 7/19 and 7/26	
Residents \$162*	All Others \$180*
*Materials fee of \$15 due first day.	

Advanced Sabre Fencing

Tactics, timing, traps via footwork, and blade work invitations abound in this higher-level fencing class. Assessing opponents' strengths and weaknesses along with in-house tournaments are part of the goals of this class, focusing on refining technique and developing "personal style"!

Prerequisite: Basic Saber Fencing or instructor approval.

Grant Park MPR	Cutting Edge Staff
852004-01	7+yrs
Sat	6/21-8/23 11am-12:15pm
No class 7/19 and 7/26	
Residents \$162*	All Others \$180*
*Materials fee of \$15 due first day.	

LED Light Sabre

Learn the ways LED (Light Emitting Diode) sabre combat! Train in the foundational basics of staged combat, targeting techniques, fancy "sabre spins," and more. Fight, brawl, roll, and jump into the art of staged combat!

Note: All Star Wars concepts property of Lucasfilm/Lucasarts. The Cutting Edge is not affiliated with Lucasfilm. LED sabre props built and designed by The Cutting Edge.

Grant Park MPR	Cutting Edge Staff
852003-01	7+yrs
Sat	6/21-8/23 1:30-2:30pm
No class 7/19 and 7/26	
Residents \$162*	All Others \$180*
*Materials fee of \$15 due first day.	



ICE SKATING

NAZARETH ICE OASIS

Note For All Nazareth Ice Oasis classes: Skate rental and 30-minute practice time immediately following lesson included in fee.

Required: 1. Please arrive 15 minutes before class begins. 2. Warm clothing, mittens/gloves.

Ice Skating - Parent & Me

This ice skating class is designed for a child and one parent/guardian, and is geared toward development of independence in the child so they may progress to a tot ice skating class without the adult.

Nazareth Ice Oasis	NIO Staff
850903-01	2.5-5yrs
Sat	6/28-8/9 11:45am-12:15pm
No class 7/5	
Residents \$96*	All Others \$114*
*Fee includes both parent and child.	

Ice Skating - Tot & Youth

Ice skating is a confidence-building sport that is challenging and rewarding. These classes will give you a fun introduction to basic ice skating skills, including skating forward, backward and stopping.

Nazareth Ice Oasis		NIO Staff	
860903-01			3-5yrs
Tue	6/3-7/8	3:30-4pm	
860903-02			3-5yrs
Sat	6/28-8/9	11:45am-12:15pm	
No class 7/5			
860903-03			3-5yrs
Wed	7/9-8/13	5:20-5:50pm	
810903-01			6-12yrs
Tue	6/3-7/8	4-4:30pm	
810903-02			6-12yrs
Sat	6/28-8/9	11:45-12:15pm	
No class 7/5			
810903-03			6-12yrs
Wed	7/9-8/13	5:20-5:50pm	
Residents \$96		All Others \$114	

Beginning Hockey Skating

Will learn hockey skills, but will not use sticks, pucks or wear equipment.

Prerequisite: Must have taken a beginning ice skating class or be able to skate forward, backward and stop.

Nazareth Ice Oasis		NIO Staff	
810925-01			6-12yrs
Wed	7/9-8/13	5:20-5:50pm	
Residents \$96		All Others \$114	

GOLF

DEEP CLIFF GOLF

Equipment Note for ALL Deep Cliff golf classes: Golf clubs provided; if you have your own clubs, please bring them!

Weather Policy: We make every effort to hold our classes with consideration for participant comfort. Decisions as to whether a class will take place or not will be made one hour before the scheduled start time. Registrants may call Deep Cliff Golf Course directly at (408)253-5357 within one hour of class for updates and rescheduling. Rescheduling is done at the instructor's discretion.

Parent/Child Golf

Parents and children, come spend quality time together learning the game that may be enjoyed for a lifetime! You will receive instruction in skills, etiquette and some rules.

Deep Cliff Golf Course Deep Cliff Staff

850914-01			7+yrs
Sat	6/7-6/28	8:30-10am	
850914-02			7+yrs
Sat	7/12-8/2	8:30-10am	
850914-03			7+yrs
Sat	8/16-9/13	8:30-10am	
No class 8/30			
Residents \$153*		All Others \$171*	
*Fee is per person.			

Junior Golf

Young golfers, come learn and develop the basic skills of golf, including the proper etiquette and the most common rules of golf. You will learn and strengthen your abilities and knowledge of the game to prepare yourself for the next level, Intermediate Junior Golf.

Deep Cliff Golf Course Deep Cliff Staff

810914-01			7-17yrs
Sat	6/7-6/28	10:30am-12pm	
810914-02			7-17yrs
Sat	7/12-8/2	10:30am-12pm	
810914-03			7-17yrs
Sat	8/16-9/13	10:30am-12pm	
No class 8/30			
Residents \$153		All Others \$171	





Cartwheel Kinders

This class further enhances children's physical, mental, and social development. Kids are introduced to basic gymnastics terminology, positions and skills. Children are carefully spotted until they can complete the skill(s) successfully.

Twisters Sports

862103-01
 Mon 6/16-8/18
 Residents \$162

Twisters Staff

4-5yrs
 12:45-1:30pm
 All Others \$180

Dyno Tumblers

This class offers children a fun and safe environment where they are challenged with fundamental gymnastics skills. They will master basic terminology and skills, and develop flexibility that will enhance overall fitness for any sport.

Twisters Sports

812104-01
 Mon 6/16-8/18
 Residents \$162

Twisters Staff

5-6yrs
 3:30-4:15pm
 All Others \$180

Summer Gymnastics for Girls

This class is designed for comprehensive body development of girls 6-12 years of age. Five core areas are covered: balance, coordination, agility, body strength, and fine and gross motor skills.

Twisters Sports

812105-01
 Mon 6/16-8/18
 Residents \$177

Twisters Staff

6-12yrs
 4:45-5:40pm
 All Others \$195

GYMNASTICS

TWISTERS SPORTS

Walking Wonders

Children are assisted by their parents and a certified Twisters instructor. Help your child develop muscle coordination, body control, and social interaction in an educational environment.

Twisters Sports

852101-01
 Tue 6/17-8/19
 852101-02
 Sat 6/21-8/23
 Residents \$162

Twisters Staff

1.5-3yrs
 10-10:45am
 1.5-3yrs
 8:30-9:15am
 All Others \$180

Preschool Players

Preschoolers improve listening skills and focus on strength and coordination. Children will safely learn to climb, jump, swing, and roll on all introductory gymnastics equipment.

Twisters Sports

862102-01
 Mon 6/16-8/18
 Residents \$162

Twisters Staff

3-4yrs
 12-12:45pm
 All Others \$180



Terrific Threes, Fabulous Fours and Kinder Prep

See ad on pg 26
 or call 947-2890
 for more info and/or
 to schedule a tour.



Tiny Tots Programs

Where we play
 with a purpose!



SOCCER

KIDZ LOVE SOCCER

This soccer "school" is a non-competitive, recreational environment for children to learn and play the world's most popular sport.

A session experience includes age-specific warm up, demonstration, thematic progressions (drills), and recreation games.

Bonus: Each participant receives a KLS jersey!
KLS Rain-Out Hotline: (888) 372-5803

Equipment Note: No equipment required for Mommy/Daddy & Me classes. For ALL other KLS classes, shin guards required for all levels after the first meeting. NO EXCEPTIONS!

KLS Mommy/Daddy & Me

As you and your child participate in our fun age-appropriate activities, your child will be developing their large motor and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines!

Required: Parent participation is required.

Hillview Soccer Field	KLS Staff
850916-01	2-3.5yrs
Wed 6/25-8/13	11:40am-12:10pm
Residents \$106	All Others \$124

McKenzie Park	KLS Staff
850916-02	2-3.5yrs
Sat 7/12-8/23	11:10-11:40am
850916-03	2-3.5yrs
Sat 7/12-8/23	11:45am-12:15pm
Residents \$96	All Others \$114

KLS Tot Soccer: 3.5-4yrs

Encourages large motor development through soccer skills and introduces small children to the group setting. Little tykes will enjoy running and kicking just like the big kids!

Hillview Soccer Field	KLS Staff
860904-01	3.5-4yrs
Tue 6/24-8/12	5:40-6:15pm
860904-02	3.5-4yrs
Wed 6/25-8/13	10:55-11:30am
860904-03	3.5-4yrs
Thu 6/26-8/14	4:10-4:45pm
Residents \$106	All Others \$124

McKenzie Park	KLS Staff
860904-04	3.5-4yrs
Sat 7/12-8/23	9-9:35am
Residents \$96	All Others \$114

KLS Pre Soccer: 4-5yrs

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activity. Children learn to follow instructions in a nurturing, teaching environment.

Hillview Soccer Field	KLS Staff
810904-01	4-5yrs
Tue 6/24-8/12	5-5:40pm
810904-02	4-5yrs
Wed 6/25-8/13	10:15-10:55am
810904-03	4-5yrs
Thu 6/26-8/14	3:30-4:10pm
Residents \$106	All Others \$124

McKenzie Park	KLS Staff
810904-04	4-5yrs
Sat 7/12-8/23	9:35-10:15am
Residents \$96	All Others \$114

KLS Soccer 1: Techniques & Teamwork

Teaches the basic techniques of soccer for beginning players including dribbling, passing and receiving, shooting, age-specific defense, etc. Every participant will have a ball at their feet! Fun skill games will be played at every session.

Hillview Soccer Field	KLS Staff
810904-06	5-6yrs
Tue 6/24-8/12	6:15-7pm
810904-07	5-6yrs
Wed 6/25-8/13	9:30-10:15am
810904-08	5-6yrs
Thu 6/26-8/14	4:45-5:30pm
Residents \$106	All Others \$124

McKenzie Park	KLS Staff
810904-09	5-6yrs
Sat 7/12-8/23	10:15-11am
Residents \$96	All Others \$114

KLS Soccer: Skillz & Scrimmages

In each class, we will play games to build individual skills and small-sided scrimmages that emphasize application of finer technical points. This is the perfect bridge from our Soccer 1 classes for those who are aspiring to the next level.

Hillview Soccer Field	KLS Staff
810904-10	7-10yrs
Tue 6/24-8/12	4:15-5pm
Residents \$106	All Others \$124

COACH KEN'S SOCCER ACADEMY

Learn new and exciting soccer skills with Coach Ken. We have a proven record of helping kids achieve their full potential as soccer players. Our coaches are knowledgeable and passionate about the game. All lessons are age-appropriate, challenging and fun. All levels are welcome.

Equipment Note for ALL Coach Ken's classes: Shin guards are mandatory; water and sunscreen recommended.

Coach Ken's Soccer: 4-5yrs

The youngest kids are introduced to the game of soccer in a fun, positive environment, learning the fundamentals and simple moves, and playing the real game. We introduce agility drills and fun soccer toys like speed ladders and hurdles.

Heritage Oaks Park Coach Ken's Staff

810935-04		4-5yrs
Thu	6/19-8/14	4-4:45pm
No class 7/3		
810935-05		4-5yrs
Fri	6/20-8/15	4-4:45pm
No class 7/4		
Residents \$122		All Others \$140

Coach Ken's Soccer: 6-12yrs*

We emphasize ball control and acquiring movement on and off the ball. Kids learn to use all foot surfaces, plus basic fakes and moves to get around opponents. We use 1 versus 1 matches, and conclude daily with a scrimmage.

**Note: Kids separated into smaller groups by age and ability.*

Heritage Oaks Park Coach Ken's Staff

810935-06		6-12yrs
Thu	6/19-8/14	4:45-5:45pm
No class 7/3		
810935-07		6-12yrs
Fri	6/20-8/15	4:45-5:45pm
No class 7/4		
Residents \$122		All Others \$140



SWIMMING



“Advancing Swimming One Stroke at a Time”

Check out all the upcoming programs of the Los Altos Covington Critters Swim Team, swimming this year at Mountain View High School.

Their official website, covingtoncritters.com, has all of their latest information!

TENNIS

WHITLINGER/SARSFIELD TENNIS

whitlingersarsfieldtennis.com

Enjoy top-flight instruction from the staff of Stanford University Tennis Coach John Whitlinger and Stanford/USPTA Professional Tom Sarsfield. Youth classes of 3-8 students will consist of eight hours of instruction. Classes of two students will be converted into four lessons. Terrific Tiny Tennis classes will consist of eight 40-minute lessons.

Equipment Note for ALL Whitlinger/Sarsfield Tennis classes: Bring a racquet to all classes!

Make-up Policy: Make ups will only be given on those occasions when inclement weather or an instructor's absence requires that a class be canceled. Unless notified to the contrary, make-up lessons will be forwarded to the next normal meeting day and time. However, Fridays (for weekday lessons) or Sundays (for Saturday lessons) may be used at the instructor's discretion.

Rain Policy: In case of rain, contact the Recreation Department at 947-2790, Monday - Friday, 8am-5pm, within an hour before scheduled starting time for class status. For evening or weekend classes, check with the instructor at the court. If at any time the instructor is absent, report to the next scheduled lesson for make-up date. NO POSTPONEMENT ANNOUNCEMENT WILL BE INITIATED BY THE INSTRUCTOR OR THE RECREATION DEPARTMENT.

Terrific Tiny Tennis

Children, 4-7 years of age, play FUN activities and games with low-compression tennis balls on the "42-foot court" that will enhance their skill development in a success-oriented environment. Small group lessons; only 2-6 students! We recommend the 23" to 25" rackets.

Marymeade Park Courts 2/3 Whitlinger/Sarsfield Tennis Staff

810902-01	4-6yrs
Mon/Wed	6/16-7/9 4:40-5:20pm
810902-02	4-6yrs
Mon/Wed	7/14-8/6 4:40-5:20pm
810902-05	5-7yrs
Mon/Wed	6/16-7/9 4-4:40pm
810902-06	5-7yrs
Mon/Wed	7/14-8/6 4-4:40pm
Residents \$96	All Others \$114

Los Altos High School Courts 11/12 Whitlinger/Sarsfield Tennis Staff

810902-03	5-7yrs
Tue/Thu	6/17-7/10 6:20-7pm
810902-04	5-7yrs
Tue/Thu	7/15-8/7 6:20-7pm
Residents \$96	All Others \$114



Quickstart Tennis

Kids, 8-10 years old, will enhance their skill development with low-compression tennis balls on the "60-foot court." Play to learn!

Los Altos High School Courts 11/12 Whitlinger/Sarsfield Tennis Staff

820902-01	8-10yrs
Tue/Thu	6/17-7/10 4:30-5:30pm
820902-02	8-10yrs
Tue/Thu	7/15-8/7 4:30-5:30pm
Residents \$96	All Others \$114

Marymeade Park Courts 2/3 Whitlinger/Sarsfield Tennis Staff

820902-03	8-10yrs
Mon/Wed	6/16-7/9 3-4pm
820902-04	8-10yrs
Mon/Wed	7/14-8/6 3-4pm
Residents \$96	All Others \$114

Quickstart Advantage Tennis

For kids, 8-10 years old, who are fairly consistent on maintaining a slow-paced rally on the "60-foot court." Players should have prior Quickstart experience and/or instructor's approval.

Rosita Park Courts 1/2 Whitlinger/Sarsfield Tennis Staff

820902-12	11-14yrs
Sat	6/21-7/19 3-4:30pm
No class 7/5	
Residents \$78	All Others \$96

Novice Tennis

Develop the essential techniques with emphasis on control, depth, and direction on the "78 ft. court" with regulation tennis balls. Lessons will also incorporate basic strategy and tactics.

Los Altos High School Courts 11/12 Whitlinger/Sarsfield Tennis Staff

820902-05	11-14yrs
Tue/Thu	6/17-7/10 3:30-4:30pm
Residents \$96	All Others \$114

Marymeade Park Courts 1/2 Whitlinger/Sarsfield Tennis Staff

820902-06	11-14yrs
Mon/Wed	6/16-7/9 6:30-7:30pm
820902-07	11-14yrs
Mon/Wed	7/14-8/6 6:30-7:30pm
Residents \$96	All Others \$114

Intermediate Tennis

For players who are consistent with slow to medium paced shots but need to develop more spin, power and/or variety. Basic to advanced shots, strategy and tactics will be introduced and reinforced by performance-enhancing drills.

Rosita Park Courts 1/2 Whitlinger/Sarsfield Tennis Staff

820902-11	11-14yrs
Sat	6/21-7/19 1:30-3pm
No class 7/5	
Residents \$78	All Others \$96

Los Altos High School Courts 11/12 Whitlinger/Sarsfield Tennis Staff

820902-16	11-14yrs
Tue/Thu	7/15-8/7 3:30-4:30pm
Residents \$96	All Others \$114

Individual Tennis Lessons

Learn new strokes or improve your old ones through individualized lessons based on your needs. For all ages, beginners to advanced.

For lessons at Marymeade Park, Courts 2/3:
Francois Chan 345-8768 or 288-5300
James Knofler (408)410-0434

For lessons at Rosita & McKenzie Parks,
Courts 1/2:
David Panconi (408)893-1405
Sharon Lamond (408)712-7361

For lessons at Montclair Park, Court 1:
Joe Bassi 576-0988

Visit whitlingersarsfieldtennis.com for more information. All checks payable to John Whitlinger.

ADULT CLASSES

ART

ART STUDIO

Visual artists of all genres and levels are welcome! Bring your current project to work amongst others in a supportive environment.

Registration Note: Register for the quarter (outlined below) or drop ins also accepted: \$1 for Senior Center members; \$3 for all others.

Required Materials: Pick up an Art Studio flyer found at the Los Altos Senior Center, or call us at 947-2797 for the details and materials required for each week's class.

Hillview Rm 12	Various
645514-03	50+yrs
Wed	6/18-9/3 9:30am-12pm
No class 8/27	
Residents \$11	All Others \$33*

**For Senior Center membership info, plus all our Senior Center offerings, please see pg 46.*



WATERCOLOR FOR ALL LEVELS

This class is suitable for individuals interested in furthering their skills in watercolor. Some basic watercolor experience is desirable prior to attending the class. All levels of students will be challenged to take their skills to a new level of confidence.

Hillview Rm 13	Bieber
830514-01	18+yrs
Fri	7/18-8/15 9am-12pm
830514-02	18+yrs
Fri	7/18-8/15 1-4pm
Residents \$65	All Others \$83



DANCE & FITNESS

NEW!

BABY BOOT CAMP

Baby Boot Camp is a 75 minute stroller fitness class. Get an all body workout including cardiovascular drills, strength training and exercises designed to restore your core all while being with your baby! For moms and caretakers.

Required: Prenatal women must have a doctor's note and postpartum women (6-8 weeks) must have their doctor's verbal consent to participate.

Equipment Note: Exercise kits are required for first-time participants and can be purchased from the instructor for \$49. Make sure to bring a yoga mat or towel, water, toys and snacks for your baby and a stroller (a jogging type stroller is recommended.)

Note for new students: Try Baby Boot Camp on us! Contact the instructor at samantha.bartholomew@babybootcamp.com to set up your first class free.

BABY BOOT CAMP IS AN ON-GOING PROGRAM. REGISTER AT CLASS OR BY CONTACTING THE INSTRUCTOR, ANYTIME!

In case of rain, please contact the instructor at (408)412-1080.

Registration Note: Register at class. Classes range from \$10-\$13 per class, depending on number of classes purchased.

Rancho San Antonio Open Space Preserve*

Bartholomew

No code required 18+yrs
M/W/F on-going 9:30-10:45am

**Meet at the Information Booth near the restrooms.*

BELLY DANCE WITH LUCEEN

Beginning Belly Dance

This is an introduction to the art of Middle Eastern belly dance. Learn basic steps, movements, rhythm, and beginning coordination of finger cymbals (zills) which is the elegant art of belly dancing.

Required: 1. Wear comfortable clothing, a hip wrap and dance slippers. 2. Finger cymbals (zills) required; information regarding purchase given at first class.

Hillview Rm 4	Luceen
830208-01	12+yrs
Wed <u>6/25-7/30</u>	<u>7-8pm</u>
Residents \$57	All Others \$75

BELLY DANCE INTERMEDIATE/ADVANCED

Learn enhanced steps and combinations of this elegant art form. Concentration will be on technique and precision for dramatic effect to enhance performance skills and develop confidence. Last class is performance night - a treat for all!

Prerequisite: Beginning Belly Dance or teacher approval.

Hillview Rm 4	Luceen
830208-02	12+yrs
Wed <u>6/25-7/30</u>	<u>8-9pm</u>
Residents \$57	All Others \$75

BALLROOM DANCE

You've been watching Dancing with the Stars! Now learn the basics of ballroom dancing. Don't miss out on the fun of being on the dance floor.

LAYC	Minev
830202-01	18+yrs
Thu <u>6/19-8/7</u>	<u>7-8pm</u>
Residents \$104*	All Others \$122*
*Fee is per person	

SENIOR FIT-FUN-FRIENDS

fitnesshalpers.com
479-5955

Having balance issues? Afraid of falling? Feeling weak and lacking energy? Come on down and have some fun listening to music and getting fit with friends. This is a class that involves basic everyday movements to improve range of motion, flexibility, muscle strength and balance.

Equipment needed: resistance band, 9" mini ball and your choice of dumbbell weight between 1-10lbs.

For more information contact Adam Halper at info above.

Town of Los Altos Hills Council Chambers Halper

645104-01	50+yrs
Mon/Wed <u>6/16-8/20</u>	<u>11:45am-12:45pm</u>
Senior Center Members \$136*	
All Others \$150* **	
*Materials fee of \$5 due first day.	
**For Senior Center membership info, plus all our Senior Center offerings, please see pg 46.	

FIT LOS ALTOS

Indoor Cycling

Our Indoor Cycling classes are the new gold standard. Unlike other classes, we use the variables necessary for you to improve cadence, wattage, heart rate, speed, distance, and time. This is an ongoing class.

Registration Note: Register online: \$100 for four classes. Or drop ins available: \$35 per class. Register for drop ins at FIT LA.

FIT LA	Korver
831020-01	18+yrs
Mon <u>between 6/16-8/25</u>	<u>8-9am</u>
Residents & All Others \$100	

FIT LA	Downing
831020-02	18+yrs
Wed <u>between 6/18-8/27</u>	<u>9:30-10:30am</u>
Residents & All Others \$100	

JACKI SORENSEN'S FITNESS CLASSES

STRONGSTEP

Jacki's StrongStep is an easy-to-follow, low impact workout to motivating music that incorporates aerobics, strength training, ab work, and stretching. Participate at your own level. Arrive early for your first class to meet the instructor and set your personal fitness goals. Call 961-5411 for more info.

Equipment Note: Bring mat or towel for floor work. Steps provided.

Hillview Social Hall	Franich
No code required	18+yrs
Mon/Wed <u>on-going</u>	<u>8:30-9:30am</u>
Register at class; first week free!	



JAZZERCISE

JAZZERCISE is a 60-minute class incorporating cardio, strength, and stretch moves for a total body workout. We've taken moves from hip-hop, yoga, Pilates, kickboxing, and resistance training and bundled them into one hour. All ages, levels, and sizes welcome.

Note for new students: Try Jazzercise on us! Come in and receive a free week pass!

Georgi Shea 941-3141
Jerome Flowers (408)279-5277
Nicole Brekke (408)773-8660
Nisa Leone (408)505-2048

JAZZERCISE IS AN ON-GOING PROGRAM.
REGISTER AT CLASS, ANYTIME!

LAYC	Brekke
No code required	18+yrs
<u>M/W/F on-going</u>	<u>9:15-10:15am</u>

LAYC	Flowers
No code required	18+yrs
<u>Tue/Thu on-going</u>	<u>9:15-10:15am</u>
No code required	18+yrs
<u>Sat on-going</u>	<u>9-10am</u>

Blach Gym	Shea
No code required	18+yrs
<u>Mon/Wed on-going</u>	<u>6-7pm</u>
No code required	18+yrs
<u>Tue/Thu on-going</u>	<u>6:30-7:30pm</u>
No code required	18+yrs
<u>Sat on-going</u>	<u>8:30-9:30am</u>

Grant Park MPR	Leone
No code required	18+yrs
<u>M/Tu/Th on-going</u>	<u>9-10am</u>
No code required	18+yrs
<u>Sun on-going</u>	<u>8:30-9:30am</u>

JAZZERCISE PERSONAL TOUCH

Jazzercise Personal Touch is training program designed by Jazzercise to improve strength training and learn proper alignment and technique. These small group sessions will focus on different muscle groups using weights, tubes and balls. Call (408)505-2048 for more information.

Grant Park MPR	Leone
No code required	18+yrs
<u>Tue/Thu on-going</u>	<u>10:15-11am</u>

Register at class.

LINE DANCING

Step right up! An easy way to get some healthy exercise and have fun keeping fit. The warm camaraderie, great music and good workout will keep you high stepping all week. Call Richard Campbell at (408)377-6978 with questions.

Registration Note: Register for the month (outlined below) or drop ins welcome: \$6 for Senior Center members; \$8 for all others. Register for drop ins before each class at the Senior Center.

Hillview Rm 4	Campbell
645511-06	50+yrs
<u>Tue 6/3-6/24</u>	<u>1-2pm</u>

*Senior Center Members \$24 All Others \$32**

Hillview Rm 4	Campbell
645511-07	50+yrs
<u>Tue 7/1-7/29</u>	<u>1-2pm</u>

*Senior Center Members \$30 All Others \$40**

Hillview Rm 4	Campbell
645511-08	50+yrs
<u>Tue 8/5-8/26</u>	<u>1-2pm</u>

*Senior Center Members \$24 All Others \$32**

**For Senior Center membership info, plus all our Senior Center offerings, please see pg 46.*

TEAM FITNESS

teamfitness.com

Cross Training with Team Fitness

Geared for beginner to well-conditioned athletes, each one-hour class varies training elements for complete fitness. Indoors and outdoors we integrate weights, agility, sprints, power walking, flexibility, ropes, sports, and lots of fun. Join us for a free trial week.

New Student Note: For new members, May through July, get your first two months at 50% off.

Registration Note: To set up your first visit, call or email Team Fitness staff at (877)751-5100, x 3 or tomgordon@teamfitness.com.

Blach Gym	Team Fit Staff
No code required	coed class 18+yrs
<u>M/W/F on-going</u>	<u>6-7am</u>
No code required	coed class 18+yrs
<u>Tue/Thu on-going</u>	<u>6-7am</u>
No code required	men's basketball 18+yrs
<u>Sat on-going</u>	<u>6-7am</u>
No code required	coed class 18+yrs
<u>Sat on-going</u>	<u>7-8am</u>

EGAN GYM	Team Fit Staff
No code required	coed class 18+yrs
<u>M/W/F on-going</u>	<u>6-7am</u>



Personal Training by Team Fitness

With over 40 years of collective coaching, our Los Altos coaches will help you succeed at fitness, whether you're just getting started or have been working out for some time. Share the fun and form a small personal training group of two to three friends.

Registration Note: By appointment only. To register email or call Tom Gordon at tomgordon@teamfitness.com or call (877) 751-5100 x3.

By Appointment Only	Team Fit Staff
\$35 per hour	– 3 people
\$45 per hour	– 2 people
\$75 per hour	– Individual

YMCA LOW-IMPACT AEROBICS

Condition your heart and burn calories without excessive jumping, jogging or bouncing. This class consists of a warm-up, then low-impact aerobic movement and muscular endurance work, followed by a cool down.

Required: Participants must sign a YMCA waiver prior to start of first class.

Hillview Social Hall Phillips

Mon/Wed on-going 5:30-6:30pm
No class on observed holidays.
Register at class; 10 classes for \$50.

YOGA FOR ADULTS

Hatha yoga encourages healing of the body by releasing physical, mental and emotional tension. It also promotes strength and flexibility. These beginning and intermediate classes offer instruction based on the teaching of BKS Iyengar in asana practice, breathing techniques and end with deep relaxation.

Equipment Note: Yoga sticky mat, thick towel or blanket required. Wear comfortable clothes.

Hillview Rm 4 Graul

831702-02	Beg	18+yrs
Thu	6/19-8/28	6-7:15pm
831702-01	Int	18+yrs
Mon	6/16-8/25	6-7:30pm
Residents \$144		All Others \$162

YOGA BY MIKI

yogawithmiki.co.nf

Gentle Yoga for Healthy Spine

This class focuses on increasing flexibility, mobilizing and strengthening the spine, releasing tension, toning the core, and achieving a sense of well-being. You will leave class feeling relaxed and energized. Suitable for beginners. Instructor is a Yoga Therapist.

Equipment Note: Yoga mat, loose clothing.

Shoup Park Garden House Bousso

831707-01		18+yrs
Mon	6/23-9/1	9:15-10:15am
No classes 7/7, 7/14		
831707-02		18+yrs
Wed	6/25-9/3	9:30-10:35am
No classes 7/9, 7/16		
Residents \$107		All Others \$125

Yoga Intermediate Level 2

This yoga class combines Iyengar and Viniyoga traditions of accurate anatomical alignment and dynamic movement with deep breath-work to open the body, release tension, improve posture, stretch, strengthen the core and mobilize the spine. Instructor is a Yoga Therapist.

Equipment Note: Yoga mat & towel.

Shoup Park Garden House Bousso

831712-01		18+yrs
Tue	6/3-9/2	11:45am-1pm
No class 7/8, 7/15		
Residents \$137		All Others \$155

Yoga-Pilates Combo Class

Through a series of Pilates and yoga exercises, students will strengthen their abdominals, build core stability, improve posture and alignment, increase flexibility, mobilize the spine, stretch, and release tension throughout the body. Instructor is a Yoga Therapist.

Equipment Note: Yoga mat, towel, loose clothing.

Shoup Park Garden House Bousso

831706-01		18+yrs
Wed	6/25-9/3	10:45-11:50am
No classes 7/9, 7/16		
Residents \$107		All Others \$125

Shoup Park Garden House Bousso

831706-02		18+yrs
Fri	6/6-9/5	9:30-10:45am
No classes 7/4, 7/11		
Residents \$137		All Others \$155

ZUMBA® WITH ALE

Zumba® exercise classes are "fitness-parties" that blend upbeat world rhythms with easy-to-follow choreography, for a total-body workout that feels like a celebration.

LAYC Picollo

831015-01		18+yrs
Wed	6/11-8/13	6:10-7:10pm
Residents \$111		
All Others \$129		





MARTIAL ARTS

JUDO JUJITSU

For beginning and advanced students. Through a unique and supportive teaching style, students will learn punching, kicking, throwing, falling, grappling, and real-world, practical self-defense techniques. Join this exciting class and improve your self-confidence, condition your physical self and develop a positive self-image.

Grant Park MPR	Gearhart
831101-01	16+yrs
Mon/Thu	6/16-8/28 7:30-9pm
Residents \$168	All Others \$186

CHANG TAI DO KARATE

changtaido.com

Chang Tai Do Karate for Adults

Introduction to the history, culture, terminology and etiquette of Chang Tai Do Karate. Learn proper stretching, basic blocks, punches, kicks and strikes, self-defense, forms (kata), and sparring (kumite). Training will help students develop better mental focus, coordination, discipline, respect, strength, endurance, and skills to defend oneself.

**Equipment Note: Materials fee stated below covers uniform and target pad. These items are mandatory and must be purchased directly from the instructor at first class by all first-time participants.*

Note: 1. Hitting or striking another student is not permitted. 2. Testing and private lessons available for additional fees.

Hillview Social Hall	Chang/Huey
831102-01	18+yrs
Tue/Thu	7/8-9/18 7-8pm
831102-02	18+yrs
Tue/Thu	7/8-9/18 8-9pm
Residents \$179*	All Others \$197*
<i>*Materials fee of \$75 due first day for first time participants.</i>	

TAI CHI DANCE

Come learn graceful, calming exercises combining both traditional tai chi and Chinese classical dance choreographed to tranquil music for enhancing good health. These exercises can help reduce stress, improve body coordination and circulation, balance, flexibility, muscle strength, and toning.

Equipment Note: Wear comfortable clothes and shoes.

Hillview Rm 4	Liu/Yeh
830310-01	18+yrs
Fri	6/6-8/22 12-1:30pm
No class 7/4	
Residents \$92*	All Others \$110*
<i>*Materials fee of \$18 due first day.</i>	

TAI CHI FOR LIFE!

Learn new ways to RELAX, REVITALIZE, and HAVE FUN. Tai chi is a mindful, internal martial art that flows in gentle and slow whole body movements. It promotes health, balance, flexibility, strength, and clarity.

Registration Note: Register for the quarter (outlined below) or drop ins welcome: \$10 for Senior Center members; \$12 for all others. Register for drop ins before each class at the Senior Center.

Social Hall	Scheer
645534-03	18+yrs
Tue	6/17-9/9 12:45-1:45pm
No class dates 7/8, 8/12, 9/2	
Senior Center Members \$85	All Others \$90*
<i>*For Senior Center membership info, plus all our Senior Center offerings, please see pg 46.</i>	

SPECIAL INTEREST

FAMILY FRIENDS

DOG OBEDIENCE

For dogs over five months of age. Introduces basic and intermediate obedience skills. Content will also include discussions on responsible dog ownership in today's society. All work will be done on lead unless prior approval received from the trainer to work without a leash.

Equipment Notes: 1. Choke chain collar which is 3 inches longer than the dog's neck circumference and of medium link size. (Other collar choices are permitted with trainer's approval.) 2. Six-foot leash/lead of leather or fabric. (Leather leads are highly recommended for medium to large dogs.)

Hillview Baseball Field	Alvarez
830802-01	18+yrs
Wed	7/2-8/6 9-10am
830802-03	18+yrs
Thu	7/3-8/7 8-9am
830802-02	18+yrs
Wed	8/13-9/17 9-10am
830802-04	18+yrs
Thu	8/14-9/18 8-9am
Residents \$60	All Others \$78*
<i>*Note: Los Altos Hills residents please register through Los Altos Hills Parks & Recreation Department for this class only.</i>	

FINANCIAL

FINANCES WITH LO

Parenting Personal Finance

This one-evening workshop will highlight the Top 5 Parenting Personal Finance Must Dos including: education, estate planning, insurance, cash flow, and retirement. Learn how to take action to help your family feel more financially secure.

Hillview Rm 18	Lo
830823-01	18+yrs
Wed	7/23 7-9pm
Residents \$32*	All Others \$50*
<i>*Spouse/guest may attend at no charge.</i>	

Got Silicon Valley Employee Stock?

This one-evening workshop will help you make the most of your employee stock by teaching you about incentive and non-qualified stock options, RSUs, and ESPPs. Learn how to use your employee stock to make your financial life more secure.

Hillview Rm 18	Lo
830823-02	18+yrs
Wed	7/30 7-9pm
Residents \$32*	All Others \$50*
<i>*Spouse/guest may attend at no charge.</i>	



GAMES WE PLAY

INTERMEDIATE BRIDGE

This class teaches only intermediate social (party) bridge. It helps players to advance their skills at both bidding and playing. Lessons assume basic bridge knowledge including evaluation of hands and ordinary hand bidding. Classes include a one-hour lecture, followed by student play.

Registration Note: Register for the month (outlined below) or drop ins are welcome: \$5 for Senior Center members; \$7 for all others. Register for drop ins before each class at the Senior Center.

Hillview Rm 12	Plutynski
645530-06	18+yrs
Thu	6/5-6/26 9:15am-12pm
<i>Senior Center Members \$20 All Others \$28*</i>	

Hillview Rm 12	Plutynski
645530-07	18+yrs
Thu	7/3-7/31 9:15am-12pm
<i>Senior Center Members \$25 All Others \$35*</i>	

Hillview Rm 12	Plutynski
645530-08	18+yrs
Thu	8/7-8/21 9:15am-12pm
<i>Senior Center Members \$15 All Others \$21*</i>	
<i>* For Senior Center membership info, plus all our Senior Center offerings, please see pg 46.</i>	

ROY ROBINSON'S BRIDGE CLASSES

Roy's classes, *Ten Weeks to Play Better Bridge* and *Ten Weeks to Play Winning Bridge*, will return in the fall.

MAH-JONGG

If you would like to be part of a group that has fun and meets every Thursday afternoon to learn and play Mah-Jongg, please join us!

Registration Note: Register by month (outlined below) or drop ins welcome: \$1 for Senior Center members; \$3 for all others. Register for drop ins before each class at the Senior Center.

Hillview Rm 12	Metz
645515-06	50+yrs
Thu	6/5-6/26 1-3:30pm
<i>Senior Center Member \$4 All Others \$12*</i>	

Hillview Rm 12	Metz
645515-07	50+yrs
Thu	7/3-7/31 1-3:30pm
<i>Senior Center Member \$5 All Others \$15*</i>	

Hillview Rm 12	Metz
645515-08	50+yrs
Thu	8/7-8/21 1-3:30pm
<i>Senior Center Member \$3 All Others \$9*</i>	
<i>*For Senior Center membership info, plus all our Senior Center offerings, please see pg 46.</i>	

HEALTH

MINDFULNESS MEDITATION

A living, inherently experiential activity, Mindfulness Meditation is shown by neuroscientists to equip us with tools to relate to ourselves and others calmly, nonjudgmentally, compassionately. Result? Increased sense of well-being and happiness. Greater stress resilience. Increased productivity. Come and see!

Equipment Note: Please wear comfortable clothing. Chairs are available but if you feel comfortable sitting on the floor, please bring a cushion.

Hillview Rm 2	Welaratna
830822-01	20+yrs
Tue	6/17-8/5 10am-12pm
830822-02	20+yrs
Thu	6/19-8/7 6-8pm
<i>Residents \$164* All Others \$182*</i>	
<i>*Materials fee of \$25 due first day.</i>	

HYPNOTIZE YOURSELF SLIM™

Free Preview

Surely, you've wondered what it would be like to be hypnotized. And let your unconscious mind slim you down, easily. Come experience the comfort and relaxation of hypnosis and get answers to the questions you've had for years. Skeptics welcome.

Hillview Rm 16	Rosen
No code required	18+yrs
Wed 7/23	7-8:15pm
<i>Residents & All Others FREE!</i>	

Hypnotize Yourself Slim™

Willpower is not the answer. Self-love, joy and visualizing the slender you are, so that the child in you stops feeling deprived. Includes Bust Your Cravings™! (Gets you off tempting foods fast, for good). Jumpstart hypnosis audios available for purchase.

Hillview Rm 16	Rosen
830118-01	18+yrs
Wed 8/6-8/27	7-8:30pm
<i>Residents \$91</i>	<i>All Others \$109</i>

PERSONAL EMERGENCY PREPAREDNESS

Personal Emergency Preparedness is a 3-hour class designed to prepare citizens to cope in the event of a disaster and to be self-sufficient during the first 72 hours or until emergency relief is available.

Hillview Rm 16	Hurst
830813-02	18+yrs
Mon 6/23	6-9pm
830813-03	18+yrs
Mon 7/14	6-9pm
<i>Residents & All Others FREE!</i>	

Grant Park Rm 2	Hurst
830813-01	18+yrs
Tue 8/19	6-9pm
<i>Residents & All Others FREE!</i>	

SPORTS

FENCING

THE CUTTING EDGE

thecuttingedge.s5.com

Check out our fencing classes in the youth sports section. The Cutting Edge welcomes ages 7 through adults. Join us!

GOLF

DEEP CLIFF GOLF COURSE

Equipment Note for ALL golf classes: Golf clubs provided; if you have your own clubs, please bring them.

Weather Policy: We make every effort to hold our classes with consideration for participant comfort. Decisions as to whether a class will take place or not will be made one hour before the scheduled start time. Registrants may call Deep Cliff Golf Course directly at (408)253-5357 within one hour of class for updates and rescheduling. Rescheduling is done at the instructor's discretion.

Adult Golf

This class emphasizes building good fundamentals. Focus is on the four basic swings of golf. Beginner to intermediate, we invite you to come jump-start your golf career or move your golf game forward.

Deep Cliff Golf Course Deep Cliff Staff

830914-03	18+yrs
Sat 6/7-6/28	1-2:30pm
830914-04	18+yrs
Sat 7/12-8/2	1-2:30pm
830914-05	18+yrs
Sat 8/16-9/13	1-2:30pm
No class 8/30	
<i>Residents \$153</i>	<i>All Others \$171</i>

Golf for Women

Ladies, come join a class of all women to learn the skills of putting, chipping, pitching, and full swing. This is a really fun class for new golfers, as well as for those who want to improve their skills. Meet new friends as you play. Rules and etiquette are also covered.

Deep Cliff Golf Course

Deep Cliff Staff		
830915-02	18+yrs	
Sat 6/7-6/28	10-11:30am	
830915-03	18+yrs	
Sat 7/12-8/2	10-11:30am	
830915-04	18+yrs	
Sat 8/16-9/13	10-11:30am	
No class 8/30		
<i>Residents \$153</i>	<i>All Others \$171</i>	

ICE SKATING

ICE SKATING AT THE NAZARETH ICE OASIS

Ice Skating

Ice skating is a confidence-building sport that is challenging and rewarding. These classes will give you a fun introduction to basic ice skating skills, including skating forward, backward and stopping.

Note: Skate rental and 30-minute practice time available on the lesson day included in fee.

Required: 1. Please arrive 15 minutes before class begins. 2. Warm clothing, mitten/gloves.

Nazareth Ice Oasis	NIO Staff
830903-01	15+yrs
Sat 6/28-8/9	10:45-11:15am
No class 7/5	
830903-02	15+yrs
Wed 7/9-8/13	6:20-6:50pm
<i>Residents \$96</i>	<i>All Others \$114</i>





SOCCER

COACH KEN'S SOCCER

Coach Ken's Women's Soccer

This program provides an innovative way for women to learn and play the game of soccer while achieving their fitness goals in a fun and social environment, among friends. Beginners and former players who are looking to rejoin and enjoy the game are welcome. Women get a chance to learn and share the game with friends and family.

Equipment Note: Shin guards and water are mandatory.

Heritage Oaks Park		Mburu
830929-01		18+yrs
Thu	6/19-8/14	4:45-5:45pm
830929-02		18+yrs
Fri	6/20-8/15	4:45-5:45pm
830929-03		18+yrs
Sat	6/21-8/16	8-9:15am
Residents \$122		All Others \$140

TENNIS

WHITLINGER/SARSFIELD TENNIS

whitlingersarsfieldtennis.com

Enjoy group lessons with top-flight instruction from the staff of Stanford University Tennis Coach John Whitlinger and Stanford/USPTA Pro Tom Sarsfield. Adult classes of 3-8 students will consist of eight hours of instruction. Classes of two students will be converted into four lessons.

Equipment Note: Bring a racquet to all classes!

Make-up Policy: Make-ups will only be given on those occasions when inclement weather or an instructor's absence requires that a class be canceled. Unless notified to the contrary, make-up lessons will be forwarded to the next normal meeting day and time. However, Fridays (for weekday lessons) or Sundays (for Saturday lessons) may be used at the instructor's discretion.

Rain Policy: In case of rain, contact the Recreation Department at 947-2790, Monday - Friday, 8am-5pm, within an hour before scheduled starting time for class status. For evening or weekend classes, check with the instructor at the court. If at any time the instructor is absent, report to the next scheduled lesson for makeup date. NO

POSTPONEMENT ANNOUNCEMENT WILL BE INITIATED BY THE INSTRUCTOR OR THE RECREATION DEPARTMENT.

Novice Tennis

Develop the essential techniques with emphasis on control, depth, and direction. Lessons will also incorporate basic strategy and tactics.

Los Altos High School Courts 11/12 Whitlinger/Sarsfield Tennis Staff

830902-04		15+yrs
Tue/Thu	6/17-7/10	7-8pm
830902-05		15+yrs
Tue/Thu	7/15-8/7	7-8pm
Residents \$96		All Others \$114

Intermediate Tennis

For players (National Tennis Rating Program/NTRP 2.5-3.0) who are consistent with slow to medium paced shots but need to develop more spin, power and/or variety. Basic to advanced shots, strategy and tactics will be introduced and reinforced by performance-enhancing drills.

Marymeade Park Courts 2/3

Whitlinger/Sarsfield Tennis Staff

830902-01		15+yrs
Mon/Wed	6/16-7/9	7:30-8:30pm
830902-02		15+yrs
Mon/Wed	7/14-8/6	7:30-8:30pm
Residents \$96		All Others \$114

Individual Tennis Lessons

Learn new strokes or improve your old ones through individualized lessons based on your needs. For all ages, beginners to advanced.

For lessons at Marymeade Park, Courts 2/3: Francois Chan 345-8768 or 288-5300 James Knofler (408)410-0434

For lessons at Rosita & McKenzie Parks, Courts 1/2: David Panconi (408)893-1405 Sharon Lamond (408)712-7361

For lessons at Montclair Park, Court 1: Joe Bassi 576-0988

Visit whitlingersarsfieldtennis.com for more information. All checks payable to John Whitlinger.

TRIPS

ADVENTURE TRIPS WITH GREG MEYER

gregmeyernaturalist@gmail.com
(831)345-1973

Greg Meyer has been a professional naturalist since 1985 and has visited all seven continents. He has a Master's degree in Environmental Studies and teaches Outdoor Education courses at California State University Monterey Bay. His expertise and humor will ensure that you have an interesting and informative day outside!

Note: Youth ages 12-17 are welcome to attend trips when accompanied by a paying adult.

Ano Nuevo Coastal Hike

Año Nuevo State Reserve is a natural treasure on the San Mateo coast. On this walk we will look for wildflowers, fossils, birds and huge elephant seals. Every summer, the seals visit the reserve to spend a month relaxing on the beach and molting. The adult males are present at this time and their immense size and antics make for entertaining wildlife watching. Join us for a moderate, 5 mile hike to a wonderful destination.

Meeting Place: Ano Nuevo State Reserve is located about 25 miles north of Santa Cruz on Highway One. We will meet in the Ano Nuevo State Reserve main parking lot, next to the bathrooms. There is a \$10 parking fee at the reserve.

Equipment Note: Please bring windbreaker or light parka, hat, sunscreen, sunglasses; binoculars and camera; lunch and water; spare warm clothes for the car; and good walking shoes.

Ano Nuevo State Reserve	Meyer
830819-03	18+yrs
Sat 6/28	9am-3pm
Residents \$29	All Others \$47

South Bay Shark Paddle

Leopard sharks are back in San Francisco Bay! These harmless fish can reach up to 6 ft. long and our local tidal marshlands are the perfect place to see them. Using quiet kayaks we will look for the sharks along the bay shore and peacefully observe them as they cruise the shallows or rest in the vegetation. We will kayak for approximately 5 miles, taking a stop for lunch and a stretch. No prior experience is necessary - and of course sightings are not guaranteed but you will have a beautiful day out paddling.

Meeting Place: Palo Alto Baylands. We will meet at the Palo Alto Baylands Boat Ramp (2775 Embarcadero Way, Palo Alto.) Go past the nature center all the way to the south end parking lot and pier.

Equipment Note: 1. Our trip will go rain or shine. Please dress accordingly: Fleece, polyester or other synthetic clothes are best for paddling, with a windbreaker on top. It can be cool and foggy. Lightweight shoes work best for your feet (no large boots please.) Please also bring windbreaker or light parka, hat sunscreen and sunglasses; binoculars and camera; water, picnic dinner or snacks; spare warm clothes for the car. 2. Kayak instruction will be given before starting and we will be using stable double sea kayaks. Single kayaks are available for participants that have taken prior classes (please email Greg.)

Palo Alto Baylands Boat Ramp Meyer	
830819-01	18+yrs
Sun 7/27	9am-3pm
Residents \$39*	All Others \$57*
<i>*Materials fee of \$50 per person for the rental of the kayak and all paddling gear payable at the start of the trip.</i>	



Monterey Bay Whale Cruise

Join us as we visit Monterey Bay National Marine Sanctuary on a 70-foot charter boat. Summer is the best season to see the greatest variety of whales and other marine mammals, with less chance of rough seas. We will be looking for sea otters, seals, sea lions, whales and dolphins and thousands of seabirds! Leaving from Monterey, our 4 hour trip will start along Cannery Row and then head 5-15 miles offshore to look for feeding humpback and blue whales, which are regular visitors to the Monterey Bay Submarine Canyon during summer! We will also search the deep for smaller creatures such as dolphins, porpoise and even killer whales.

Information Meeting: Will be held at the Los Gatos Community Center, 123 East Main Street, Los Gatos, Room C, on Thursday, August 21, 7-9pm.

Monterey Bay	Meyer
830819-04	18+yrs
Sun 8/24	8:30am-1:30pm
Residents \$39*	All Others \$57*
<i>*Materials fee of \$40 per person boat fee is payable at the evening meeting to cover the cost of charting the 70-foot boat.</i>	

SENIOR CENTER TRIPS



Did you know that the Senior Center also hosts a variety of trips? Check in at the Senior Center or look in The Spotlight for information on upcoming trips.



SENIOR Center

Los Altos Senior Center
Hillview Community Center
97 Hillview Ave
Rooms 10-12
947-2797

Senior Center Hours*
Monday-Friday
8:30am-3:30pm
*Holiday hours vary.
Call for exact schedule.

CLOSED FOR SUMMER BREAK AUGUST 25-29

Adults 50+ are welcome and encouraged to join any and all of our programs! Senior Center programs are listed here but please consult The Spotlight, the Los Altos Senior Center's bi-monthly newsletter, drop in or give us a call for more info and specific dates.



MEMBERSHIP

Everyone is welcome to enjoy our Senior Center. By becoming a Los Altos Senior Center member, you are entitled to reduced program fees for most of our activities and access to member-only services. Plus, as a member, you contribute to one of the best little senior centers on the planet!

BECOME A MEMBER

Fill out the membership form (available on the Recreation Department's website, losaltosrecreation.org). Mail the form, together with a check payable to "City of Los Altos," to: Los Altos Senior Center
97 Hillview Ave
Los Altos, CA 94022

Residents \$26*

All Others \$40*

*Add \$5 for a one-year home delivery subscription to The Spotlight newsletter. The Spotlight gives you all the information about the many activities and services we offer. The Spotlight is also available free at the Senior Center and online at losaltosrecreation.org.

TRAVEL

The Los Altos Senior Center offers day and extended trips throughout the year. For a synopsis of our current trips, pick up a copy of The Spotlight newsletter or stop by the Senior Center for detailed flyers. For more information, contact Senior Center staff at 947-2797.

VOLUNTEER

The Senior Center thrives because of our volunteers! JOIN US! We are looking for those with reception desk skills, event helpers, gardeners, movie selectors, and new program hosts. Opportunities can be found on page 50. Call 947-2897 TODAY for details!

LET'S DISCUSS...

CSA Case Management

Community Services Agency case managers provide referrals to community resources, make arrangements for in-home services, and work cooperatively with care providers. Make an appointment at the Los Altos Senior Center to discuss topics as advertised or discuss items of concern to you.

June 20 – Advanced Health Directives & Physician's Order for Life-Sustaining Treatment

July 18 – Home Care & In-Home Supportive Services

August 15 – Medi-Cal

Check in at Senior Center before class; all classes start at 10am and are free!

SUMMER BBQs

The crowd-favorite summer barbecues are back! They take place on the senior center patio, start at noon, and provide tasty food and always-fun entertainment. Sign up in person at the Senior Center or give us a call!

June 27 – Celebrate America

July 25 – Yee Ha Country Western

August 22 – Tropical Madness

ON-GOING ACTIVITIES

All activities Monday through Friday, 8:30am-3:30pm

- Wii Nintendo
(drop-in play and lessons by appointment)
- Jigsaw Puzzle
- Desktop Computer
- Ping Pong (Reservations required)
- Indoor Shuffleboard



DAILY ACTIVITIES

Activities free with Senior Center membership unless otherwise noted.

<p>Monday</p> <p>Monkey Toy Project 9:30-11:30am / Rm 11</p> <p>Poker 12-3:30pm / Rm 11</p> <p>Advanced Bocce Ball 10am-12pm Bocce Courts</p>	<p>Tuesday</p> <p>PC Computer Tutor 1-3pm / Rm 10 By appointment</p> <p>Bridge 8:30am-3:30pm Rm 11</p> <p>Beginning Bocce Ball 10-11:30am Bocce Courts</p>	<p>Wednesday</p> <p>Bridge 8:30am-12pm / Rm 11</p> <p>Mah-Jongg Intermediate 1-3:30pm / Rm 11 Free Play</p> <p>Art Studio 9:30am-12pm / Rm 12</p> <p>Advanced Bocce Ball 10am-12pm Bocce Courts</p>	<p>Thursday</p> <p>iPad & Mac Tutor 1-3pm / Rm 10 By appointment</p> <p>Pinochle 12-3:30pm / Rm 11</p> <p>Beginning Bocce Ball 10-11:30am Bocce Courts</p>	<p>FUN Friday</p> <p><i>1st Friday</i> Movie Day 1pm / Rm 12 Fee: Members Free All Others \$1</p> <p><i>2nd Friday</i> Friday Lunch 12pm / Rm 11 Fee: Members \$4 All Others \$6</p> <p><i>3rd Friday</i> CSA Case Management 10am / Rm 10</p> <p>Birthday Party 12pm / Rm 11 Fee: Members \$4* *Birthday Month? Free All Others \$6</p> <p><i>4th Friday</i> Blood Pressure 10:30am / Rm 10</p> <p>Friday Lunch 12pm / Rm 11 Fee: Members \$6 All Others \$8</p> <p><i>5th Friday</i> Bingo 1pm / Rm 11 Fee: Members Free All Others \$3</p> <p>Smart Driver Safety Class 1-5:30pm / Rm 12 Fee: AARP Members \$15 All Others \$20</p>
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MONTHLY ACTIVITIES

Actual dates may vary; call to verify schedule.

<p>Monday</p> <p><i>1st Monday</i> Senior Commission Meeting 4:30pm / Rm 11</p> 	<p>Tuesday</p> <p><i>1st Tuesday</i> Visions Unlimited Television Production 10:15am / Rm 10</p> <p><i>2nd Tuesday</i> Legacies Board Meeting 10am / Conf Rm 3 (Meets every other month; call Senior Center for date.)</p> <p>Fuschia Society 7:30pm / Rm 12</p> <p><i>3rd Tuesday</i> HICAP 1-3pm / Conf Rm 3 By appointment</p> <p><i>4th Tuesday</i> Real Estate Corner 9am / Conf Rm 3 By appointment</p>	<p>Wednesday</p> <p><i>2nd Wednesday</i> Local Restaurants 5pm Casual Dining No Host Reservations required</p> <p><i>3rd Wednesday</i> Rhododendron Society 7:30pm Society Rm 12</p>	<p>Thursday</p> <p><i>1st Thursday</i> Men's Group Rm 10 10-11:30am</p> <p><i>2nd Thursday</i> Book Club 1-2pm / Rm 18</p> <p><i>3rd Thursday</i> Camera Club 7pm / Rm 12</p>	<p>Friday Lunch 12pm / Rm 11 Fee: Members \$6 All Others \$8</p> <p><i>5th Friday</i> Bingo 1pm / Rm 11 Fee: Members Free All Others \$3</p> <p>Smart Driver Safety Class 1-5:30pm / Rm 12 Fee: AARP Members \$15 All Others \$20</p>
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TEEN Programs



TEEN CENTER

400 University Ave (at Shoup Park)
A drop-in facility for teens ages 11-17

The place to hang with friends and relax is back for the summer!
Supervised by Recreation Department staff,
The Underground is a fun, safe place for teens in Los Altos!

FOOSBALL

AIR HOCKEY

SUMMER HOURS*

Tuesday - Saturday

2 - 5:30pm

*Summer hours start 6/17

PING PONG

POOL TABLES

SURF THE INTERNET

PLAY MADDEN

HANG OUT

PLUS MORE!



LAYC DANCES & MEMBERSHIPS

LAYC DANCE MEMBERSHIPS

- Participants must have a LAYC Membership Card in order to participate.
- Membership for the 2013-2014 school year is \$9 for the one remaining dance.
- LAYC Cards are offered to 7th- and 8th-graders who live in Los Altos or attend a Los Altos school.
- To purchase a membership, please download an application (which can be found online at losaltosrecreation.org). Then come to the Hillview Community Center Recreation Office (97 Hillview Ave) with a completed application and your child (or email a current photo of your child to info@losaltosrecreation.org prior to your office visit). Office hours are Monday-Friday, from 8am-5pm.

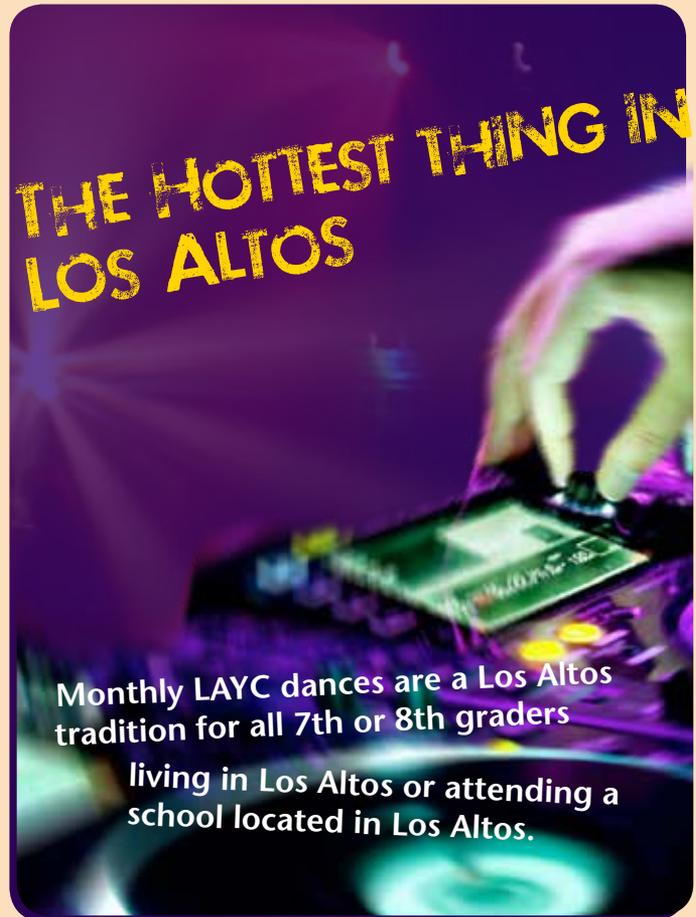
LAYC DANCES

2013/14 REMAINING LAYC DANCE SCHEDULE

- **June 13 - FINAL DANCE OF THE YEAR!**

Dance will take place on Friday from 7:30-10:00pm at the LAYC building (One N San Antonio Rd).

LAYC Dances are offered by the Los Altos Recreation Department in conjunction with the Los Altos Youth Commission.



Need a Place to Meet?

The Underground is currently AVAILABLE, on a FREE basis, to groups and organizations affiliated with high schools! The Underground is the BEST place to have team-building activities, organization meetings, teen group fundraisers, or small/private events.

The Underground offers a small gathering area for up to 40 people in a safe, close-to-downtown environment. It features FREE Wi-Fi access, 4 computers, 2 televisions, as well as Play Station, Wii, Blue Ray systems and a video projector.

Subject to approval, groups are given up to 3 hours per month depending on availability and the use of a facility attendant.

Please contact the recreation department at 947-2790 to inquire about the short application process.

For more information about The Underground and/or Teen Programs, call Zack Silva at 947-2790.

For general information about Youth Commission, contact Greg Milano at 947-2790.



VOLUNTEER Program

City of Los Altos
Municipal Volunteer Program

MVP



MUNICIPAL VOLUNTEER PROGRAM

Congratulations!



2014 Volunteer of the Year
Adela Di Canio



2014 Outstanding Teen Volunteer
Cole Brinsfield

We salute our 2014 Volunteers of the Year!

Contact Jennifer Weiss to join Adela, Cole and all of our volunteers in the vital work they do for our city!

947-2897 or jweiss@losaltosca.gov

losaltosrecreation.org/volunteer

REDWOOD GROVE Happenings

Redwood Grove Restoration Workdays

Come Volunteer!

See the difference you can make by removing ivy and other invasives, planting native plants, and helping to improve habitat for native plants and animals.



9:30 a.m. - 12:30 p.m.

June 14

July 12

August 9

Redwood Grove Nature Preserve

482 University Ave.
Los Altos

Love to work outdoors? Join **Grove Guardians**, a weekly volunteer group dedicated to the stewardship of Redwood Grove over the summer.

Open to 6th-12th grades. Contact Missy Pinney for more information: missyp@acterra.org.

Dates subject to change. Please register online for the latest information.

Please register online:

www.acterra.org/stewardship

For more information or to arrange a separate workday for your group, please contact Junko Bryant: junkob@acterra.org or 650.962.9876 x347



Acterra

ACTION FOR A
HEALTHY PLANET

www.acterra.org

PARTY Packages

Booking your next party is as easy as...

Cupcake!

- 1 Choose your party package
- 2 Pick a date (and a few alternates)
- 3 Call or drop by the recreation office to book it!

Murphy Magic

For Kids 4-7 Years

Party guests will be enchanted by a 45-minute magic and juggling show by children's favorite performer, Michael Murphy. 4 hrs/30 guest max

Balloon Art available for additional fee

At the San Antonio Club*

Residents: \$235

All Others: \$253

Archery Party

For 7+ Years

(with kids under 18 accompanied by an adult)

You'll definitely hit a bull's-eye with this party! Archery instructor Ray Roan provides 1.5 hours of instruction (and all equipment) for this fun experience. 2.5 hrs/20 guest max

At Redwood Grove

Residents: \$200

All Others: \$218

Teen Center @The Underground

For Kids 11-18 Years

The entirety of the teen center will be open to your party goers. Pool table? Yes. Video games? Sure. 47" flat screen TV? You bet. Ping pong, foosball and more? Absolutely! 4 hrs/30 guest max

At The Underground Teen Center in Shoup Park*

Residents: \$225

All Others: \$243

Bocce Ball & Barbecue

All Ages

(with kids under 18 accompanied by an adult)

Celebrate your special occasion while enjoying a spirited game of bocce ball and a barbecue!

We supply the equipment; you supply the food and good times! 4 hrs/30 guest max

At the Hillview Community Ctr Bocce Ball Courts + Classroom*

Residents: \$200

All Others: \$218

Book Now!

To book your party, please complete the Party Application Form, which can be found online at losaltosrecreation.org or picked up from the recreation office.

Return the completed application to our office in person or via mail (97 Hillview Ave, Los Altos, CA 94022). Questions? Call us at 947-2790 or email us at info@losaltosrecreation.org!

* Friendly facility attendant included

SERVICES & Organizations

YOUTH Theater

Sports

A.Y.S.O. Region 43 ayso43.org
 A.Y.S.O. Region 45 ayso45.org / 964-2976
 C.Y.S.A. District 11 www.cysadistrict2.org / (415) 265-6062
 Crusaders Lacrosse crusaderslax.com
 Futsal Kingz (indoor soccer) futsalkingz.com / (408) 440-7878
 Los Altos/Los Altos Hills American Little League
 info@losaltoslittleleague.com
 Los Altos Mountain View Aquatic Club (LAMVAC) lamvac.org
 Los Altos Pony Baseball info@lamvpb.org
 Los Altos Tennis Club (Adult) losaltostennisclub.com
 Mountain View/Los Altos Girls Softball mvlags.org / 964-6489
 Pop Warner Football mymarauders.com
 Red Star Soccer redstarsoccer.com / 380-0099
 YMCA Youth Sports 969-9622
 Acterra acterra.org

Adults

Los Altos Stage Company losaltosstage.com
 losaltosstageco@losaltosstage.org
 941-0551
 Community Health Awareness Council (CHAC) chacmv.org
 965-2020
 Fit4Mom midpeninsula.fit4mom.com
 395-7558
 Foothill College foothill.edu / 949-7777
 Garden Club of Los Altos gardencluboflosaltos.org
 Greentown Los Altos greentownlosaltos.org / 383-7540
 Kiwanis Club of Los Altos losaltoskiwanis.org / 735-1552
 Las Madres lasmadres.org / (877) 527-6237
 Leadership Education Advancement (LEAD) losaltoscf.org
 League of Women Voters 941-4846
 Los Altos Art Club losaltosartclub.org
 Los Altos Chamber of Commerce losaltoschamber.org / 948-1455
 Los Altos/Los Altos Hills Newcomers Club losaltosnewcomers.com
 207-9764
 Los Altos Mediation Program (LAMP) 949-LAMP(5267)
 Mountain View/Los Altos Adult Ed Office adulted@mvl.net
 940-1333
 Midpeninsula Regional Open Space District info@openspace.org
 691-1200
 Midpeninsula Widows & Widowers Assn (408) 246-4642
 Santa Clara County Parks Dept (408) 355-2200
 Ye Olde Town Band windband.org/oldtowne
 Los Altos Mountain View Aquatic Club (LAMVAC) lamvac.org
 (408) 732-3432

Youth

American Red Cross Babysitter Training 1(800) 445-8210
 Boy Scouts of America Pacific Skyline Council 327-5900
 Children's Corner Inc. lamvchildrenscorner.org
 948-8950
 Music for Minors 237-9130



THE WIZARD OF OZ

By L. Frank Baum

with Music and Lyrics by Harold Arlen and E.Y. Harburg

Directed by Ian Leonard

Vocal Direction by Sheila Townsend

Choreography by Jillian Toby Cummings

Background Music by Herbert Stohart

Dance and Vocal Arrangements by Peter Howard

Orchestration by Larry Wilcox

Little Dorothy Gale of Kansas, like so many girls her age, dreams of what lies over the rainbow. One day a twister hits her farm and carries her away over the rainbow to another world. Come join Dorothy, the Scarecrow, the Tinman, the Cowardly Lion and Toto as they travel the universe of Dorothy's imagination. Be transported to the wondrous discoveries of the Emerald City and the characters of Oz. Journey on a quest to find heart, courage, brains and most importantly, home.

PERFORMANCES at the BUS BARN THEATER

DATES

7:30pm Evening performances

July 18, 19, 23, 25, 26, 30

August 1, 2

2pm Matinee performances

July 20, 21, 26, 27

August 2, 3

TICKETS

\$20-15

losaltosca.gov/recreation/page/purchase-tickets
 or call the Los Altos Stage Company at 941-0551

WITH SPECIAL THANKS

We are very excited to announce that this summer's production is being co-produced by **Los Altos Stage Company** who will be providing production expertise and educational opportunities for cast members.

LASC will provide three theater professionals to perform with the cast. They will also conduct master classes in musical theater and specific skills needed to audition for musicals.



LIBRARY

Los Altos Library

13 S. San Antonio Road

Hours

Mon-Thu 10am-9pm

Fri/Sat. 10am-6pm

Sun. 12-6pm

Woodland Branch Library

1975 Grant Road

Hours

M/Tu/W 1-8pm

Th/F/Sa. 11am-5pm

Sun. CLOSED

Library telephone numbers

Main. 948-7683

Woodland. 969-6030

Accounts,

Billing 1-800-286-1991

TeleCirc 1-877-471-0991

Santa Clara County Library website: sccl.org

KIDS' PROGRAMS (partial listings)

Main Library

Toddler Storytime (1-2yrs)

Tues, Wed, Thur at 10:15am

Baby Lapsit

(non-walkers & adults)

Wed at 1pm

Reading Buddies (grades K-5)

2nd Sat of each month @ 11am

Reading Buddies (grades K-5)

4th Sat of each month @ 2:30pm

Preschool Storytime (3+yrs)

Tues & Wed at 11am

Family Bedtime Storytime

(all ages)

Thur at 7pm

Afternoon Movie (all ages)

2nd Sat of each month at 2pm



Woodland Library

Baby Lapsit (non-walkers & adults)

Mon at 1:15pm

Toddler Storytime (1-2yrs)

Thur at 11:15am

Family Storytime (all ages)

Mon at 7pm

BOOK GROUPS FOR ADULTS

The Whodunit? Mystery Readers Group at Los Altos Main Library

First Wed of each month at 10:15-11:30am

The Los Altos Senior Book Club at the Los Altos Senior Center

(Come at 12:30pm for an optional brown bag lunch and social time before the book discussion.) Second Thur of each month at 1pm

The Great Books Club at the Los Altos Main Library Program Room

Third Tues of each month from 6-8pm

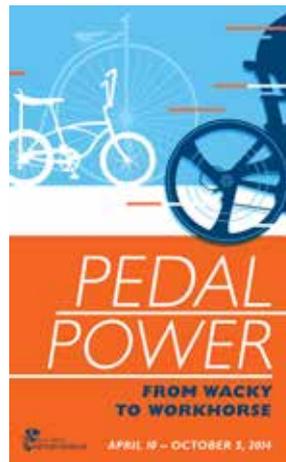
The Woodland Library Book Club for Adults at the Woodland Library

Meets the second Tuesday of the month at 2:00pm

HISTORY Museum



ON EXHIBIT NOW THRU OCTOBER 5 PEDAL POWER!



Get geared up about cycling in the Bay Area with this fantastic assembly of bicycles - from wacky to workhorse - and the stories they tell.

MAY IS HISTORIC PRESERVATION MONTH and MUSEUM MONTH!

History inspires imagination, stimulates thought and transforms society. The Los Altos History Museum preserves and shares our local history to enrich our community and to shape a more informed future.

OPENING OCTOBER 2014 NEW ORIGINAL EXHIBIT SILICON VALLEY: THE LURE & THE LEGENDS

Explore the stories of the people here who helped make Silicon Valley what it is today.

Rental Events: Make your own history!

Now booking events for 2015. Call Mark at

948-9427, ext 12, for info.

51 S. San Antonio Rd, Los Altos
losaltoshistory.org 948-9427

Open Thurs-Sun
Hours 12-4pm
Free Admission

REGISTRATION Form

City of Los Altos Recreation Department • 97 Hillview Avenue, Los Altos, California 94022

Head of Household Information (Please Print)

HOME PHONE _____

LAST NAME _____

FIRST NAME _____

EMAIL ADDRESS _____

CELL PHONE _____

HOME ADDRESS _____

CITY _____

ZIP _____

EMERGENCY CONTACT _____

EMERG. CONTACT PHONE _____

READ & SIGN BELOW: Through this registration form, I hereby absolve the City of Los Altos, its employees & officers from all liability which may arise as the result of my participation in the activities listed below, and in the event that the below-named participant is a minor, I hereby give my permission for his/her participation as indicated & in so doing absolve the City of Los Altos, its employees & officers from such liability. In addition, I agree to allow use of my/our photograph for program publicity. I have read & understand the City of Los Altos Recreation Department refund policy. Furthermore, reservation of a place in a class or program does not constitute any form of guarantee by the City of Los Altos that the class or program will take place. The City of Los Altos reserves the right to cancel any program or class at any time for any reason, as its sole discretion. Money paid in advance for any class or program that is cancelled by the City of Los Altos will be refunded in full.

PARTICIPANT SIGNATURE (Parent or Guardian if under 18) _____ DATE _____

If you have any special needs requiring specific accommodations for you to fully enjoy a class or facility, please contact us at info@losaltosrecreation.org

PARTICIPANT NAME (First & Last)	BIRTHDATE	M/F	CLASS CODE	CLASS TITLE	T-SHIRT SIZE*	FEE
TOTAL DUE:						

*T-shirts for Camp jelly bean, Camp Shoup and Redwood Grove camps only. Sizes available: Youth Small, Medium & Large, Adult Small

CREDIT CARD PAYMENT (check one)

Visa MasterCard Discover



Cardholder Name: _____

Card Number: _____

Exp. Date: _____

Signature: _____

City of Los Altos Office Use Only:

PAYMENT OPTIONS:

- Checks made payable to City of Los Altos
- Visa, MasterCard or Discover credit cards
- Cash payments must be made in person; please do not mail cash

REGISTRATION FORM RETURN OPTIONS:

- Email form to info@losaltosrecreation.org
- Mail form to 97 Hillview Ave, Los Altos, CA 94022
- Fax form to 947-2738
- Walk in to the Recreation Office at 97 Hillview Ave, Los Altos

All registration receipts will be emailed unless a stamped, self-addressed envelope is included with form.

REGISTRATION Information

SUMMER 2014 Registration *Register NOW!*

4 Easy Ways To Register

ONLINE

losaltosrecreation.org

FAX

947-2738

MAIL IN

Los Altos Recreation Dept
97 Hillview Ave
Los Altos, CA 94022

WALK IN

Hillview Community Center
97 Hillview Ave, Los Altos

Registration Details

- Any class canceled by the Recreation Department will be refunded in full.
- Returned checks will be charged a \$25 service fee.
- A resident is anyone living within the city of Los Altos. All others living outside the city limits (including unincorporated areas, Los Altos Hills & Mountain View, etc.) are nonresidents.

Refunds & Transfers

- Refunds and transfers requests must be submitted in writing up to five working days prior to the first day of class.
- All refunds will be charged a \$20 service fee.
- E-mail your refund and transfer requests to info@losaltosrecreation.org.
- No refunds or transfers will be given after class begins.

City of Los Altos Recreation Office

97 Hillview Ave
Los Altos, CA 94022

Office Hours

Monday – Friday
8am – 5pm

Contact Info

Phone: 947-2790
Fax: 947-2738
info@losaltosrecreation.org



Become a fan of
Los Altos Recreation



@losaltosrec

Recreation Department Mission Statement

The Los Altos Recreation Department strives to enrich community members through active participation in life-long learning, health & wellness, community involvement, and recreational activities.



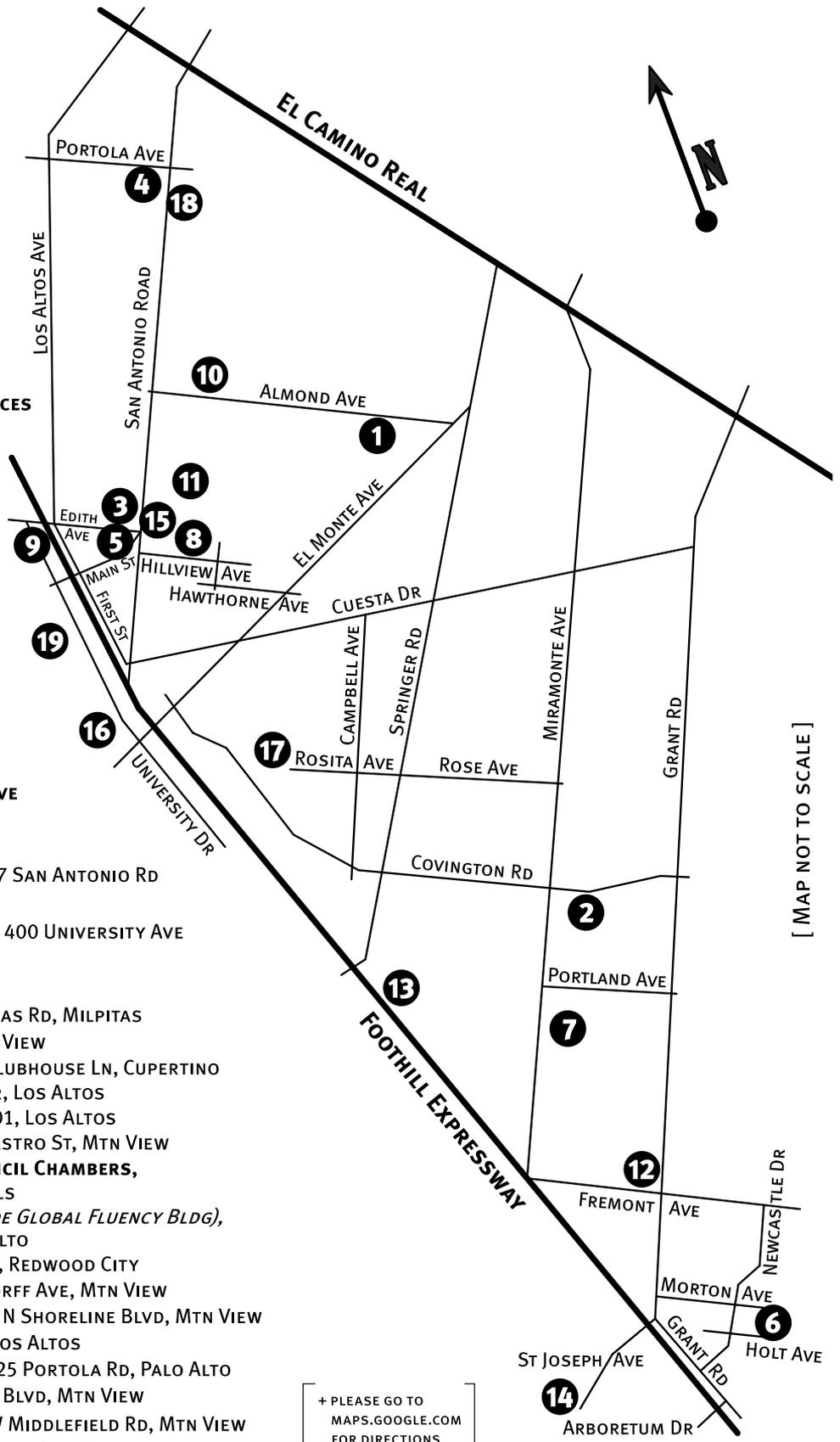
RECREATION LOCATIONS

Parks, Indoor Facilities & Schools

1. **ALMOND SCHOOL**
550 ALMOND AVE
2. **BLACH MIDDLE SCHOOL**
1120 COVINGTON RD
3. **VILLAGE PARK**
EDITH AVE/SAN ANTONIO RD
4. **EGAN MIDDLE SCHOOL**
100 W PORTOLA AVE
5. **COMMUNITY PLAZA**
CORNER OF MAIN & STATE STS
6. **GRANT PARK**
1575 HOLT AVE
7. **HERITAGE OAKS PARK**
PORTLAND/MIRAMONTE AVE
8. **HILLVIEW COMMUNITY CENTER**
LOS ALTOS RECREATION DEPT OFFICES
97 HILLVIEW AVE
9. **LINCOLN PARK**
UNIVERSITY/LINCOLN AVE
10. **LOS ALTOS HIGH SCHOOL**
201 ALMOND AVE
11. **LOS ALTOS YOUTH CENTER-LAYC**
1 N SAN ANTONIO RD
12. **MARYMADE PARK**
FREMONT/GRANT RD
13. **MCKENZIE PARK**
707 FREMONT AVE
14. **MONTCLAIRE PARK**, ST JOSEPH AVE
15. **BUS BARN THEATER**
161 S SAN ANTONIO RD
16. **REDWOOD GROVE NATURE PRESERVE**
482 UNIVERSITY AVE
17. **ROSITA PARK**, 401 ROSITA AVE
18. **SAN ANTONIO CLUB-TINY TOTS**, 647 SAN ANTONIO RD
19. **SHOUP PARK / GARDEN HOUSE /**
THE UNDERGROUND-TEEN CENTER, 400 UNIVERSITY AVE

ADDITIONAL LOCATIONS

- + **CHAPARRAL RANCH**, 3375 CALAVERAS RD, MILPITAS
- + **CSMA**, 230 SAN ANTONIO CIR, MTN VIEW
- + **DEEP CLIFF GOLF COURSE**, 10700 CLUBHOUSE LN, CUPERTINO
- + **FIT**, 600 RANCHO SHOPPING CENTER, LOS ALTOS
- + **FLEX**, 4600 EL CAMINO REAL, STE 201, LOS ALTOS
- + **GRAHAM MIDDLE SCHOOL**, 1175 CASTRO ST, MTN VIEW
- + **LOS ALTOS HILLS TOWN HALL COUNCIL CHAMBERS**,
26379 FREMONT RD, LOS ALTOS HILLS
- + **MELODY ACADEMY OF MUSIC (INSIDE GLOBAL FLUENCY BLDG)**,
4151 MIDDLEFIELD RD #105, PALO ALTO
- + **NAZARETH ICE OASIS**, 3140 BAY RD, REDWOOD CITY
- + **RENGSTORFF PARK**, 201 S RENGSTORFF AVE, MTN VIEW
- + **SHORELINE AQUATIC CENTER**, 3160 N SHORELINE BLVD, MTN VIEW
- + **SKATEWORKS**, 379 STATE STREET, LOS ALTOS
- + **SPRING DOWN EQUESTRIAN CTR**, 725 PORTOLA RD, PALO ALTO
- + **TWISTERS SPORTS**, 2359 TERMINAL BLVD, MTN VIEW
- + **WHISMAN SPORTS CENTER**, 1500 W MIDDLEFIELD RD, MTN VIEW
- + **YOUNG CHEF'S ACADEMY**, 1336 S MARY AVE, SUNNYVALE



+ PLEASE GO TO
MAPS.GOOGLE.COM
FOR DIRECTIONS

FACILITY & PARK RENTALS



Party facilities galore available...book with us!

PARK/FACILITY	Map Location	Acres	Ballfield	Multi-Use Fields	Basketball	Tennis Courts	Playground	Picnic Tables	BBQ Pits	Restrooms	Rental
Blach Gym	2				✓					✓	✓
Community Plaza (corner of Main & State Sts)	5	.16						✓			✓
Village	3	.78	Features grassy area for picnicking & gardens to enjoy at the entrance to downtown Los Altos. Not reservable.								
Egan Gym	4				✓					✓	✓
Grant Classrooms & Multi-Purpose Room	6	4.5		✓	✓		✓	✓	✓	✓	✓
Heritage Oaks	7	5.3		✓			✓	✓	✓	✓	
Hillview Classrooms, Meeting Room, Computer Lab, Multi-Purpose Room & Bocce Ball Courts	8	8.3	✓	✓			✓	✓	✓	✓	✓
Lincoln	9	4.4		✓							
Los Altos Youth Center (LAYC)	11							✓	✓	✓	✓
Marymeade	12	2.5				✓	✓	✓	✓	✓	
McKenzie	13	4.3		✓		✓	✓	✓	✓	✓	
Montclair	14	1.1				✓	✓	✓	✓		
Redwood Grove	16	5.9	Features include a creekside & redwood trail, picnic tables and rose garden. Not reservable.								
Rosita plus Snack Shack	17	6.4	✓	✓		✓	✓	✓		✓	✓
San Antonio Club	18						✓			✓	✓
Shoup	19	3.9		✓			✓	✓	✓	✓	✓
Garden House & The Underground at Shoup	19									✓	✓

FOR FACILITY & GROUP PICNIC RESERVATIONS, PLEASE CALL

947-2790

or email

info@losaltosrecreation.org

PARK FACILITIES

All park facilities are available on a first-come, first-served basis.

Only the Patriot Corner Group Picnic Area at Shoup Park may be reserved in advance.

GYMNASIUMS & FIELDS

Blach & Egan Middle Schools (map locations 2 & 4). For gym & field reservations, please call Peggy Ford at 947-2887 or email pford@losaltosca.gov.

INDOOR RENTAL FACILITIES

Meeting rooms, classrooms & multi-purpose rooms with kitchens are all available for rent.

WALK-IN RESERVATIONS

We welcome reservations Monday through Friday at the Hillview Community Center, 97 Hillview Ave, Los Altos. Detailed information and reservation forms are available online at losaltosrecreation.org or can be requested by phone or via email.



CITY OF LOS ALTOS RECREATION DEPARTMENT
97 HILLVIEW AVENUE, LOS ALTOS, CA 94022

PRSRT STD
U.S. POSTAGE
PAID
LOS ALTOS, CA
PERMIT NO. 258

POSTMASTER: PLEASE
DELIVER BETWEEN
5/16 AND 5/19

RESIDENTIAL CUSTOMER LOCAL

SUMMER 2014?

We've got a camp* for that!
(Actually 300+ camps)



*And 175+ classes for all ages!

SIGN UP N-O-W!

LosAltosRecreation.org • 650.947.2790