

Grant Calendar of Events



Open every Wednesday 10:00 am—2:00 pm
1575 Holt Avenue, Los Altos, CA 94024

Schedule subject to change

January Happenings

January 6

10:00am—2:00pm
Intermediate Bridge, Mah-Jongg, Card Games
10:15 Stretch with Eleanor
10:45 Chair workout with Nora
11:30 English Lessons with Galen
11:30 (Bring lunch)
1:00 Men's group
1:00 Zumba Gold Dance Party with Nora

January 13

10:00am—2:00pm
Intermediate Bridge, Mah-Jongg, Card Games
10:15 Stretch with Eleanor
10:45 Chair workout with Nora
11:30 English Lessons with Galen
11:30 (Bring lunch)
12:00 Speaker: Coffee, Cider and Conversation:
Seniors talk with the Mayor and Mayor Pro Tem
1:00 Book Club with Betsy
1:00 Zumba Gold Dance Party with Nora

January 20

10:00am—2:00pm
Intermediate Bridge, Mah-Jongg, Card Games
10:15 Stretch with Eleanor
10:45 Chair workout with Nora
11:30 English Lessons with Galen
11:30 (Bring lunch)
12:00 Speaker: A New Year: Motivating a new me
1:00 Zumba Gold Dance Party with Nora

January 27

10:00am—2:00pm
Intermediate Bridge, Mah-Jongg, Card Games
10:15 Stretch with Eleanor
10:45 Chair workout with Nora
11:30 English Lessons with Galen
11:30 (Bring lunch)
1:00 Garden Club
1:00 Zumba Gold Dance Party with Nora

February Happenings

February 3

10:00am—2:00pm
Intermediate Bridge, Mah-Jongg, Card Games
10:15 Stretch with Eleanor
10:45 Chair workout with Nora
11:30 English Lessons with Galen
11:30 (Bring lunch)
1:00 Men's Group
1:00 Zumba Gold Dance Party with Nora

February 10

10:00am—2:00pm
Intermediate Bridge, Mah-Jongg, Card Games
10:15 Stretch with Eleanor
10:45 Chair workout with Nora
11:30 English Lessons with Galen
11:30 Potluck
1:00 Book Club with Betsy
1:00 Zumba Gold Dance Party with Nora

February 17

10:00am—2:00pm
Intermediate Bridge, Mah-Jongg, Card Games
10:15 Stretch with Eleanor
10:45 Chair workout with Nora
11:30 English Lessons with Galen
11:30 (Bring lunch)
12:00 Coffee with the Chief
1:00 Zumba Gold Dance Party with Nora

February 24

10:00am—2:00pm
Intermediate Bridge, Mah-Jongg, Card Games
10:15 Stretch with Eleanor
10:45 Chair workout with Nora
11:30 English Lessons with Galen
11:30 (Bring lunch)
1:00 Garden Club
1:00 Zumba Gold Dance Party with Nora